

Pos	Nombre	Tiempo																
			4,7 km	315 m	25 C													
			1(34)	2(43)	3(46)	4(44)	5(42)	6(36)	7(56)	8(55)	9(47)	10(48)	11(54)	12(51)	13(49)	14(50)	15(52)	
			16(53)	17(57)	18(63)	19(62)	20(64)	21(65)	22(68)	23(72)	24(73)	25(100)	Meta					
1	Benavente Para, Alvaro Madrid Club Monte El Pardo	48:33,0	2:40,0	5:28,0	6:49,0	8:08,0	9:15,0	10:07,0	15:51,0	17:09,0	19:04,0	20:04,0	21:13,0	22:09,0	23:30,0	24:25,0	25:56,0	
			2:40,0	2:48,0	1:21,0	1:19,0	1:07,0	0:52,0	5:44,0	1:18,0	1:55,0	1:00,0	1:09,0	0:56,0	1:21,0	0:55,0	1:31,0	
2	Ruiz De La Herran Pidal, Javier COMA COMA	49:06,0	2:37,0	5:25,0	7:36,0	8:38,0	9:38,0	11:24,0	20:39,0	22:17,0	24:31,0	25:25,0	26:31,0	27:20,0	28:34,0	29:32,0	31:02,0	
			2:37,0	2:48,0	2:11,0	1:02,0	1:00,0	1:46,0	9:15,0	1:38,0	2:14,0	0:54,0	1:06,0	0:49,0	1:14,0	0:58,0	1:30,0	
3	Minguez Viñambres, Alberto Madrid Imperdible	49:16,0	3:31,0	6:11,0	7:43,0	8:43,0	9:37,0	10:39,0	16:10,0	17:42,0	20:10,0	21:09,0	22:40,0	23:33,0	25:00,0	26:08,0	27:54,0	
			3:31,0	2:40,0	1:32,0	1:00,0	0:54,0	1:02,0	0:54,0	5:31,0	1:32,0	2:28,0	0:59,0	1:31,0	0:53,0	1:27,0	1:08,0	1:46,0
4	Landa Sanchez, Carlos Veleta Veleta	50:06,0	2:51,0	5:52,0	8:12,0	9:22,0	10:23,0	11:10,0	17:26,0	18:48,0	21:33,0	22:31,0	23:51,0	24:56,0	27:24,0	28:36,0	30:07,0	
			2:51,0	3:01,0	2:20,0	1:10,0	1:01,0	0:47,0	6:16,0	1:22,0	2:45,0	0:58,0	1:20,0	1:05,0	2:28,0	1:12,0	1:31,0	
5	Rojas Aviles, Angel Madrid Alabarda-O	51:25,0	2:38,0	5:24,0	6:52,0	7:54,0	8:43,0	9:32,0	22:12,0	23:28,0	26:10,0	27:33,0	28:41,0	29:33,0	30:52,0	31:56,0	33:17,0	
			2:38,0	2:46,0	1:28,0	1:02,0	0:49,0	0:49,0	12:40,0	1:16,0	2:42,0	1:23,0	1:08,0	0:52,0	1:19,0	1:04,0	1:21,0	
6	Jiménez Molina, Santiago Madrid GOCAN	56:43,0	2:38,0	7:23,0	9:40,0	11:04,0	11:58,0	13:48,0	20:00,0	21:33,0	23:38,0	24:53,0	26:11,0	27:26,0	28:54,0	30:25,0	31:53,0	
			2:38,0	4:45,0	2:17,0	1:24,0	0:54,0	1:50,0	6:12,0	1:33,0	2:05,0	1:15,0	1:18,0	1:15,0	1:28,0	1:31,0	1:28,0	
7	Pivovarov, Kirill COV - Club de Or COV	59:12,0	2:37,0	5:32,0	8:12,0	9:17,0	10:15,0	11:09,0	17:59,0	19:30,0	23:41,0	25:00,0	26:10,0	26:59,0	28:28,0	29:29,0	31:01,0	
			2:37,0	2:55,0	2:40,0	1:05,0	0:58,0	0:54,0	6:50,0	1:31,0	4:11,0	1:19,0	1:10,0	0:49,0	1:29,0	1:01,0	1:32,0	
8	García-catalán Simón, Ramón Madrid Imperdible	1:01:38,0	4:06,0	7:36,0	10:17,0	11:53,0	13:17,0	14:09,0	23:00,0	24:30,0	27:30,0	28:44,0	32:49,0	33:49,0	35:47,0	37:10,0	38:28,0	
			4:06,0	3:30,0	2:41,0	1:36,0	1:24,0	0:52,0	8:51,0	1:30,0	3:00,0	1:14,0	4:05,0	1:00,0	1:58,0	1:23,0	1:18,0	
9	Bustillo Ruiz, Alfonso CLUB RIOJANO DE CRON	1:04:36,0	3:01,0	6:14,0	7:42,0	9:01,0	10:08,0	10:56,0	18:22,0	19:49,0	26:48,0	28:13,0	29:50,0	30:55,0	32:42,0	34:04,0	35:50,0	
			3:01,0	3:13,0	1:28,0	1:19,0	1:07,0	0:48,0	7:26,0	1:27,0	6:59,0	1:25,0	1:37,0	1:05,0	1:47,0	1:22,0	1:46,0	
10	Garrido De La Torre, Israel Madrid Alabarda-O	1:06:01,0	3:11,0	7:19,0	9:24,0	11:01,0	12:11,0	13:09,0	20:13,0	21:40,0	31:04,0	32:24,0	33:44,0	34:49,0	36:38,0	37:49,0	39:18,0	
			3:11,0	4:08,0	2:05,0	1:37,0	1:10,0	0:58,0	7:04,0	1:27,0	9:24,0	1:20,0	1:20,0	1:05,0	1:49,0	1:11,0	1:29,0	
11	Cano López, Antonio Jesús Madrid Alabarda-O	1:07:48,0	4:05,0	8:00,0	10:37,0	12:04,0	13:44,0	15:04,0	24:00,0	25:11,0	34:04,0	35:48,0	37:01,0	38:39,0	39:46,0	41:40,0		
			4:05,0	3:53,0	6:41,0	1:27,0	1:40,0	2:20,0	6:07,0	2:03,0	0:20,0	1:14,0	0:13,0	1:17,0	1:44,0	1:23,0	1:54,0	
12	Fernandez Casas, David Madrid COLMENAR	1:13:03,0	2:43,0	6:29,0	8:20,0	9:30,0	10:59,0	12:30,0	14:32,0	16:00,0	25:36,0	27:00,0	28:49,0	30:55,0	32:42,0	34:04,0	35:50,0	
			2:43,0	6:29,0	1:47,0	1:31,0	1:01,0	1:01,0	8:12,0	2:52,0	6:57,0	1:16,0	1:33,0	1:17,0	1:44,0	1:23,0	1:54,0	
13	Oliver Saez, Luis Emilio Madrid COLMENAR	1:14:28,0	3:16,0	7:01,0	9:14,0	10:40,0	11:44,0	12:44,0	25:53,0	27:19,0	31:33,0	33:09,0	34:36,0	36:22,0	38:20,0	39:56,0	41:40,0	
			3:16,0	6:48,0	8:41,0	9:54,0	11:10,0	12:28,0	27:56,0	29:27,0	33:14,0	34:33,0	36:12,0	42:46,0	44:43,0	46:01,0	47:50,0	
		48:57,0	52:53,0	58:12,0	1:02:54,0	1:05:28,0	1:08:20,0	1:10:07,0	1:13:11,0	1:13:24,0	1:14:21,0	1:14:28,0						
			1:07,0	3:56,0	5:19,0	4:42,0	2:34,0	2:52,0	1:47,0	3:04,0	0:13,0	0:57,0	0:07,0					

Pos	Nombre	Tiempo															
<b>M-E (20)</b>		<b>4,7 km 315 m</b>		<b>25 C</b>			<i>(cont.)</i>										
		1(34)	2(43)	3(46)	4(44)	5(42)	6(36)	7(56)	8(55)	9(47)	10(48)	11(54)	12(51)	13(49)	14(50)	15(52)	
		16(53)	17(57)	18(63)	19(62)	20(64)	21(65)	22(68)	23(72)	24(73)	25(100)	Meta					
<b>14</b>	<b>Rodriguez Enrique, Remigio</b> <b>Ciudad Rodrigo O CRO</b>	<b>1:16:49,0</b>	2:57,0	6:57,0	8:58,0	10:52,0	11:53,0	12:42,0	24:36,0	26:16,0	29:26,0	30:23,0	31:45,0	32:54,0	34:32,0	35:53,0	37:38,0
			2:57,0	4:00,0	2:01,0	1:54,0	1:01,0	0:49,0	11:54,0	1:40,0	3:10,0	0:57,0	1:22,0	1:09,0	1:38,0	1:21,0	1:45,0
			38:32,0	47:04,0	1:01:35,0	1:03:44,0	1:06:02,0	1:09:57,0	1:13:08,0	1:15:18,0	1:15:37,0	1:16:41,0	1:16:49,0				
			0:54,0	8:32,0	14:31,0	2:09,0	2:18,0	3:55,0	3:11,0	2:10,0	0:19,0	1:04,0	0:08,0				
<b>15</b>	<b>Oliver Sáez, Jesus</b> <b>Madrid COLMENAR</b>	<b>1:21:05,0</b>	2:47,0	6:17,0	8:53,0	10:01,0	11:03,0	28:23,0	35:26,0	36:53,0	40:59,0	42:22,0	43:50,0	44:50,0	46:33,0	47:43,0	49:38,0
			2:47,0	3:30,0	2:36,0	1:08,0	1:02,0	17:20,0	7:03,0	1:27,0	4:06,0	1:23,0	1:28,0	1:00,0	1:43,0	1:10,0	1:55,0
			50:35,0	53:47,0	1:03:35,0	1:08:52,0	1:10:50,0	1:14:52,0	1:16:58,0	1:19:43,0	1:20:01,0	1:20:57,0	1:21:05,0				
			0:57,0	3:12,0	9:48,0	5:17,0	1:58,0	4:02,0	2:06,0	2:45,0	0:18,0	0:56,0	0:08,0				
<b>16</b>	<b>Carretero González, David</b> <b>Madrid Club Monte El Pardo</b>	<b>1:30:22,0</b>	5:46,0	18:04,0	20:26,0	22:09,0	23:55,0	25:24,0	35:58,0	39:16,0	44:03,0	45:43,0	47:38,0	49:17,0	52:07,0	53:55,0	56:37,0
			5:46,0	12:18,0	2:22,0	1:43,0	1:46,0	1:29,0	10:34,0	3:18,0	4:47,0	1:40,0	1:55,0	1:39,0	2:50,0	1:48,0	2:42,0
			58:06,0	1:01:38,0	1:12:03,0	1:14:17,0	1:17:07,0	1:21:10,0	1:24:32,0	1:27:59,0	1:28:28,0	1:30:06,0	1:30:22,0				
			1:29,0	3:32,0	10:25,0	2:14,0	2:50,0	4:03,0	3:22,0	3:27,0	0:29,0	1:38,0	0:16,0				
	<b>Milvaques Casadó, Luis</b> <b>S.D. Correcamino Correcaminos</b>	<b>Abandona</b>	3:09,0	7:42,0	11:15,0	13:20,0	15:20,0	----	----	----	----	----	----	----	----	----	----
			3:09,0	4:33,0	3:33,0	2:05,0	2:00,0	----	----	----	----	----	21:36,0	21:51,0			
			----	----	----	----	----	----	----	----	----	21:36,0	0:15,0				
	<b>Lorenzo Carnicero, Carlos</b> <b>Madrid LOS ANGELES</b>	<b>No sale</b>															
	<b>Recio Pisón, Borja</b> <b>Madrid GOCAN</b>	<b>No sale</b>															
	<b>Puerro Corral, Alba</b> <b>Madrid Club O-Charlies</b>	<b>No sale</b>															
<b>M-21A (11)</b>		<b>4,0 km 275 m</b>		<b>22 C</b>													
		1(33)	2(36)	3(43)	4(46)	5(44)	6(42)	7(56)	8(54)	9(48)	10(49)	11(51)	12(52)	13(53)	14(59)	15(63)	
		16(62)	17(64)	18(65)	19(68)	20(71)	21(74)	22(100)	Meta								
<b>1</b>	<b>Montes Garcia, Francisco</b> <b>Madrid Tierra Trágame</b>	<b>52:00,0</b>	2:43,0	<b>4:12,0</b>	7:34,0	10:20,0	11:57,0	13:06,0	21:46,0	25:15,0	26:44,0	27:57,0	29:29,0	<b>30:32,0</b>	<b>31:28,0</b>	<b>33:07,0</b>	37:57,0
			2:43,0	1:29,0	3:22,0	2:46,0	1:37,0	1:09,0	8:40,0	3:29,0	1:29,0	1:13,0	<b>1:32,0</b>	1:03,0	0:56,0	1:39,0	4:50,0
			<b>40:11,0</b>	<b>42:27,0</b>	<b>45:21,0</b>	<b>48:31,0</b>	<b>50:18,0</b>	<b>51:08,0</b>	<b>51:52,0</b>	<b>52:00,0</b>							
			2:14,0	2:16,0	2:54,0	3:10,0	1:47,0	0:50,0	0:44,0	0:08,0							
<b>2</b>	<b>Blanco Gonzalo, Ramón</b> <b>CLUB NORDESTE OR NORDESTE</b>	<b>53:46,0</b>	3:01,0	4:22,0	9:00,0	11:45,0	13:16,0	14:23,0	24:26,0	26:59,0	28:19,0	29:18,0	31:00,0	32:11,0	33:02,0	35:01,0	39:04,0
			3:01,0	<b>1:21,0</b>	4:38,0	2:45,0	1:31,0	1:07,0	10:03,0	2:33,0	<b>1:20,0</b>	<b>0:59,0</b>	1:42,0	1:11,0	0:51,0	1:59,0	4:03,0
			40:22,0	<b>42:21,0</b>	46:28,0	49:27,0	51:13,0	52:55,0	53:38,0	53:46,0							
			<b>1:18,0</b>	1:59,0	4:07,0	2:59,0	1:46,0	1:42,0	0:43,0	0:08,0							
<b>3</b>	<b>G. De Villarreal, Enzo</b> <b>Madrid Malarruta</b>	<b>53:47,0</b>	2:38,0	6:31,0	8:24,0	10:41,0	11:50,0	12:48,0	22:23,0	24:57,0	26:40,0	27:55,0	29:41,0	30:52,0	31:47,0	33:27,0	<b>37:03,0</b>
			2:38,0	3:53,0	1:53,0	2:17,0	<b>1:09,0</b>	<b>0:58,0</b>	9:35,0	2:34,0	1:43,0	1:15,0	1:46,0	1:11,0	0:55,0	1:40,0	<b>3:36,0</b>
			43:30,0	45:18,0	48:09,0	50:34,0	52:10,0	52:58,0	53:38,0	53:47,0							
			6:27,0	1:48,0	2:51,0	2:25,0	1:36,0	0:48,0	0:40,0	0:09,0							
<b>4</b>	<b>Saz Segovia, Pablo</b> <b>Madrid Sotobosque</b>	<b>55:35,0</b>	2:50,0	4:24,0	7:08,0	9:13,0	10:23,0	11:49,0	22:46,0	26:03,0	27:44,0	28:51,0	30:25,0	31:17,0	32:36,0	34:52,0	40:13,0
			2:50,0	1:34,0	2:44,0	2:05,0	1:10,0	1:26,0	10:57,0	3:17,0	1:41,0	1:07,0	1:34,0	<b>0:52,0</b>	1:19,0	2:16,0	5:21,0
			43:59,0	45:43,0	49:30,0	51:48,0	54:01,0	54:39,0	55:27,0	55:35,0							
			3:46,0	1:44,0	3:47,0	2:18,0	2:13,0	0:38,0	0:48,0	0:08,0							
<b>5</b>	<b>Turégano Botija, Lope</b> <b>Madrid Imperdible</b>	<b>56:09,0</b>	2:48,0	<b>4:12,0</b>	6:12,0	9:07,0	12:50,0	14:01,0	26:56,0	29:21,0	31:26,0	32:35,0	34:38,0	35:55,0	36:45,0	38:14,0	42:59,0
			2:48,0	1:24,0	2:00,0	2:55,0	3:43,0	1:11,0	12:55,0	<b>2:25,0</b>	2:05,0	1:09,0	2:03,0	1:17,0	0:50,0	<b>1:29,0</b>	4:45,0
			45:35,0	47:31,0	50:05,0	52:38,0	54:26,0	55:25,0	56:02,0	56:09,0							
			2:36,0	1:56,0	<b>2:34,0</b>	2:33,0	1:48,0	0:59,0	0:37,0	<b>0:07,0</b>							
<b>6</b>	<b>Sánchez Rubal, Jesús</b> <b>Madrid COLMENAR</b>	<b>59:08,0</b>	3:00,0	6:31,0	8:31,0	10:28,0	11:51,0	12:58,0	22:00,0	24:46,0	26:22,0	<b>27:25,0</b>	<b>29:10,0</b>	30:58,0	31:46,0	33:35,0	38:32,0
			3:00,0	3:31,0	2:00,0	1:57,0	1:23,0	1:07,0	9:02,0	2:46,0	1:36,0	1:03,0	1:45,0	1:48,0	<b>0:48,0</b>	1:49,0	4:57,0
			41:27,0	43:49,0	48:53,0	55:20,0	57:35,0	58:24,0	59:00,0	59:08,0							
			2:55,0	2:22,0	5:04,0	6:27,0	2:15,0	0:49,0	0:36,0	0:08,0							

Pos	Nombre	Tiempo															
		4,0 km 275 m			22 C		(cont.)										
		1(33)	2(36)	3(43)	4(46)	5(44)	6(42)	7(56)	8(54)	9(48)	10(49)	11(51)	12(52)	13(53)	14(59)	15(63)	
		16(62)	17(64)	18(65)	19(68)	20(71)	21(74)	22(100)	Meta								
<b>M-21A (11)</b>	<b>7 Salamanca Farto, Mario</b> <b>Club Deportivo P CDP-O</b>	<b>1:01:55,0</b>	2:54,0	4:28,0	6:55,0	8:55,0	11:00,0	12:23,0	22:41,0	25:57,0	27:50,0	29:19,0	31:09,0	32:43,0	33:34,0	35:39,0	41:32,0
			2:54,0	1:34,0	2:27,0	2:00,0	2:05,0	1:23,0	10:18,0	3:16,0	1:53,0	1:29,0	1:50,0	1:34,0	0:51,0	2:05,0	5:53,0
			44:27,0	47:05,0	53:07,0	57:01,0	59:47,0	1:00:56,0	1:01:44,0	1:01:55,0							
			2:55,0	2:38,0	6:02,0	3:54,0	2:46,0	1:09,0	0:48,0	0:11,0							
<b>8 Gutierrez Serrano, Jorge</b> <b>Madrid COLMENAR</b>	<b>1:02:42,0</b>	4:06,0	6:16,0	8:46,0	11:06,0	12:43,0	14:03,0	25:12,0	29:02,0	30:40,0	32:17,0	34:31,0	36:15,0	37:32,0	39:46,0	44:42,0	
		4:06,0	2:10,0	2:30,0	2:20,0	1:37,0	1:20,0	11:09,0	3:50,0	1:38,0	1:37,0	2:14,0	1:44,0	1:17,0	2:14,0	4:56,0	
		48:23,0	51:12,0	55:55,0	58:59,0	1:01:01,0	1:01:50,0	1:02:33,0	1:02:42,0								
		3:41,0	2:49,0	4:43,0	3:04,0	2:02,0	0:49,0	0:43,0	0:09,0								
<b>9 Valero Moreno, Gabriel</b> <b>Madrid BOM</b>	<b>1:04:23,0</b>	<b>2:29,0</b>	4:26,0	6:59,0	8:41,0	<b>10:10,0</b>	<b>11:26,0</b>	28:31,0	32:51,0	34:16,0	35:22,0	37:29,0	38:36,0	39:50,0	41:35,0	45:26,0	
		<b>2:29,0</b>	1:57,0	2:33,0	<b>1:42,0</b>	1:29,0	1:16,0	17:05,0	4:20,0	1:25,0	1:06,0	2:07,0	1:07,0	1:14,0	1:45,0	3:51,0	
		47:11,0	53:29,0	58:30,0	1:00:37,0	1:02:36,0	1:03:31,0	1:04:14,0	1:04:23,0								
		1:45,0	6:18,0	5:01,0	<b>2:07,0</b>	1:59,0	0:55,0	0:43,0	0:09,0								
<b>10 Carrillo Martínez-Orsorio, Eduardo</b> <b>MURCIA-O MURCIA-O</b>	<b>1:11:15,0</b>	2:30,0	4:27,0	<b>6:04,0</b>	<b>8:30,0</b>	12:34,0	14:01,0	<b>21:27,0</b>	<b>23:59,0</b>	<b>25:55,0</b>	27:41,0	30:20,0	32:00,0	32:59,0	34:34,0	48:04,0	
		2:30,0	1:57,0	<b>1:37,0</b>	2:26,0	4:04,0	1:27,0	<b>7:26,0</b>	2:32,0	1:56,0	1:46,0	2:39,0	1:40,0	0:59,0	1:35,0	13:30,0	
		58:54,0	1:00:38,0	1:03:41,0	1:08:34,0	1:09:58,0	1:10:32,0	1:11:06,0	1:11:15,0								
		10:50,0	1:44,0	3:03,0	4:53,0	<b>1:24,0</b>	<b>0:34,0</b>	<b>0:34,0</b>	0:09,0								
<b>11 Martínez Oliver, Luis</b> <b>Madrid COLMENAR</b>	<b>1:17:55,0</b>	2:49,0	4:50,0	7:01,0	9:29,0	11:19,0	13:23,0	32:37,0	37:12,0	38:46,0	39:58,0	44:36,0	45:54,0	46:57,0	48:47,0	1:03:49,0	
		2:49,0	2:01,0	2:11,0	2:28,0	1:50,0	2:04,0	19:14,0	4:35,0	1:34,0	1:12,0	4:38,0	1:18,0	1:03,0	1:50,0	15:02,0	
		:06:35,0	1:08:15,0	1:11:46,0	1:14:25,0	1:16:21,0	1:17:04,0	1:17:47,0	1:17:55,0								
		2:46,0	<b>1:40,0</b>	3:31,0	2:39,0	1:56,0	0:43,0	0:43,0	0:08,0								
<b>F-E (8)</b>	<b>1 Moreno Zúñiga, Guadalupe</b> <b>Madrid Club Monte El Pardo</b>	<b>48:41,0</b>	<b>2:42,0</b>	<b>4:10,0</b>	<b>5:56,0</b>	10:42,0	12:36,0	13:44,0	<b>20:41,0</b>	<b>23:39,0</b>	<b>25:16,0</b>	<b>26:17,0</b>	<b>27:41,0</b>	<b>28:36,0</b>	<b>29:27,0</b>	<b>31:00,0</b>	<b>34:35,0</b>
			<b>2:42,0</b>	<b>1:28,0</b>	<b>1:46,0</b>	4:46,0	1:54,0	<b>1:08,0</b>	<b>6:57,0</b>	<b>2:58,0</b>	1:37,0	<b>1:01,0</b>	<b>1:24,0</b>	<b>0:55,0</b>	<b>0:51,0</b>	<b>1:33,0</b>	<b>3:35,0</b>
			<b>37:13,0</b>	<b>39:57,0</b>	<b>42:19,0</b>	<b>45:36,0</b>	<b>46:58,0</b>	<b>47:55,0</b>	<b>48:31,0</b>	<b>48:41,0</b>							
			2:38,0	2:44,0	<b>2:22,0</b>	3:17,0	<b>1:22,0</b>	0:57,0	<b>0:36,0</b>	0:10,0							
<b>2 Pons, Amanda</b> <b>COV - Club de Or COV</b>	<b>53:46,0</b>	3:01,0	5:00,0	7:26,0	9:31,0	<b>10:56,0</b>	<b>12:12,0</b>	20:49,0	24:02,0	25:28,0	26:54,0	28:28,0	29:27,0	30:23,0	32:35,0	37:17,0	
		3:01,0	1:59,0	2:26,0	<b>2:05,0</b>	<b>1:25,0</b>	1:16,0	8:37,0	3:13,0	<b>1:26,0</b>	1:26,0	1:34,0	0:59,0	0:56,0	2:12,0	4:42,0	
		38:58,0	41:18,0	46:42,0	48:54,0	51:58,0	52:54,0	53:38,0	53:46,0								
		<b>1:41,0</b>	<b>2:20,0</b>	5:24,0	<b>2:12,0</b>	3:04,0	0:56,0	0:44,0	<b>0:08,0</b>								
<b>3 Martín Iglesias, Mª Jose</b> <b>Madrid Malarruta</b>	<b>56:54,0</b>	3:02,0	4:57,0	6:54,0	<b>9:29,0</b>	11:14,0	12:31,0	21:27,0	25:27,0	27:17,0	28:27,0	30:30,0	31:42,0	32:57,0	35:15,0	40:06,0	
		3:02,0	1:55,0	1:57,0	2:35,0	1:45,0	1:17,0	8:56,0	4:00,0	1:50,0	1:10,0	2:03,0	1:12,0	1:15,0	2:18,0	4:51,0	
		42:38,0	46:21,0	50:16,0	53:10,0	55:08,0	56:03,0	56:44,0	56:54,0								
		2:32,0	3:43,0	3:55,0	2:54,0	1:58,0	0:55,0	0:41,0	0:10,0								
<b>4 Coloma Peñate, María</b> <b>Madrid GOCAN</b>	<b>1:12:03,0</b>	3:02,0	4:57,0	6:55,0	9:59,0	11:48,0	14:05,0	26:03,0	29:49,0	34:26,0	36:16,0	38:03,0	39:28,0	40:27,0	42:25,0	47:01,0	
		3:02,0	1:55,0	1:58,0	3:04,0	1:49,0	2:17,0	11:58,0	3:46,0	4:37,0	1:50,0	1:47,0	1:25,0	0:59,0	1:58,0	4:36,0	
		50:22,0	57:43,0	1:03:44,0	1:07:49,0	1:10:12,0	1:11:16,0	1:11:55,0	1:12:03,0								
		3:21,0	7:21,0	6:01,0	4:05,0	2:23,0	1:04,0	0:39,0	<b>0:08,0</b>								
<b>5 Viqueira, Andrea</b> <b>Madrid COLMENAR</b>	<b>1:14:07,0</b>	3:47,0	5:49,0	8:58,0	12:32,0	14:05,0	16:24,0	28:48,0	32:22,0	34:26,0	36:05,0	42:11,0	43:33,0	45:43,0	47:58,0	52:46,0	
		3:47,0	2:02,0	3:09,0	3:34,0	1:33,0	2:19,0	12:24,0	3:34,0	2:04,0	1:39,0	6:06,0	1:22,0	2:10,0	2:15,0	4:48,0	
		55:24,0	58:58,0	1:04:25,0	1:08:24,0	1:11:02,0	1:12:33,0	1:13:49,0	1:14:07,0								
		2:38,0	3:34,0	5:27,0	3:59,0	2:38,0	1:31,0	1:16,0	0:18,0								
<b>6 Arroyo, Susana</b> <b>Madrid Sotobosque</b>	<b>1:14:11,0</b>	4:29,0	6:52,0	9:55,0	13:33,0	15:37,0	16:53,0	29:21,0	32:25,0	34:15,0	38:12,0	43:54,0	45:36,0	46:36,0	48:36,0	52:53,0	
		4:29,0	2:23,0	3:03,0	3:38,0	2:04,0	1:16,0	12:28,0	3:04,0	1:50,0	3:57,0	5:42,0	1:42,0	1:00,0	2:00,0	4:17,0	
		55:25,0	1:00:17,0	1:05:52,0	1:10:18,0	1:12:21,0	1:13:10,0	1:14:01,0	1:14:11,0								
		2:32,0	4:52,0	5:35,0	4:26,0	2:03,0	<b>0:49,0</b>	0:51,0	0:10,0								

Pos	Nombre	Tiempo															
F-E (8)		4,0 km 275 m		22 C		(cont.)											
		1(33) 16(62)	2(36) 17(64)	3(43) 18(65)	4(46) 19(68)	5(44) 20(71)	6(42) 21(74)	7(56) 22(100)	8(54) Meta	9(48)	10(49)	11(51)	12(52)	13(53)	14(59)	15(63)	
7	Pérez Riofrío, Ana Belén Madrid Imperdible	1:21:13,0	5:38,0 5:38,0 :03:36,0	7:29,0 1:51,0 1:06:44,0	10:02,0 2:33,0 1:11:22,0	12:35,0 2:33,0 1:16:48,0	14:37,0 2:02,0 1:19:07,0	16:08,0 1:31,0 1:20:13,0	31:07,0 14:59,0 1:21:01,0	34:25,0 3:18,0 1:21:13,0	36:06,0 1:41,0	37:35,0 1:29,0	39:35,0 2:00,0	41:03,0 1:28,0	42:11,0 1:08,0	44:11,0 2:00,0	52:08,0 7:57,0
8	Cano Rodríguez, Lourdes Madrid IBERIA	1:23:34,0	3:00,0 3:00,0 :01:48,0	8:27,0 5:27,0 1:10:19,0	10:50,0 2:23,0 1:15:19,0	16:14,0 5:24,0 1:19:12,0	18:21,0 2:07,0 1:21:15,0	19:41,0 1:20,0 1:22:06,0	32:33,0 12:52,0 1:23:03,0	37:44,0 5:11,0 1:23:34,0	40:31,0 2:47,0	42:08,0 1:37,0	44:04,0 1:56,0	45:22,0 1:18,0	46:37,0 1:15,0	48:42,0 2:05,0	53:28,0 4:46,0
M-20/35 (33)			3,7 km 250 m		21 C												
			1(34) 16(62)	2(43) 17(64)	3(46) 18(68)	4(47) 19(71)	5(48) 20(74)	6(54) 21(100)	7(51) Meta	8(49)	9(50)	10(52)	11(55)	12(56)	13(57)	14(61)	15(63)
1	Casado Gómez, Alvaro Madrid GOCAN	38:24,0	3:00,0 3:00,0 3:00,0	5:48,0 2:48,0 34:19,0	7:10,0 1:22,0 35:46,0	12:30,0 5:20,0 37:04,0	13:34,0 1:04,0 37:43,0	15:00,0 1:26,0 38:16,0	16:00,0 1:00,0 38:24,0	17:27,0 1:27,0	18:41,0 1:14,0	20:13,0 1:32,0	23:22,0 3:09,0	24:27,0 1:05,0	25:25,0 0:58,0	29:43,0 4:18,0	30:15,0 0:32,0
2	Duran García, Miguel Angel Madrid Malarruta	44:24,0	3:23,0 3:23,0 37:51,0	7:35,0 4:12,0 39:45,0	9:09,0 1:34,0 41:23,0	16:03,0 6:54,0 43:04,0	17:32,0 1:29,0 43:43,0	19:02,0 1:30,0 44:17,0	20:00,0 0:58,0 44:24,0	21:45,0 1:45,0	23:01,0 1:16,0	24:38,0 1:37,0	27:50,0 3:12,0	28:57,0 1:07,0	29:56,0 0:59,0	35:23,0 5:27,0	36:05,0 0:42,0
3	Valente Barrera, Jorge Madrid Imperdible	47:50,0	1:46,0 3:12,0 39:40,0	1:54,0 8:29,0 5:17,0	1:38,0 10:32,0 2:03,0	1:41,0 18:01,0 7:29,0	0:39,0 19:15,0 1:14,0	0:34,0 20:40,0 1:25,0	0:07,0 22:03,0 1:23,0	23:39,0 1:36,0	24:45,0 1:06,0	26:22,0 1:37,0	29:38,0 3:16,0	30:43,0 1:05,0	31:19,0 0:36,0	37:19,0 6:00,0	37:57,0 0:38,0
4	Valente Hernandez, Juan Pedro Madrid Imperdible	49:12,0	1:43,0 3:00,0 3:00,0	2:51,0 6:00,0 3:00,0	2:10,0 8:41,0 2:41,0	1:45,0 17:13,0 8:32,0	0:39,0 18:42,0 1:29,0	0:37,0 20:03,0 1:21,0	0:08,0 20:59,0 0:56,0	22:21,0 1:22,0	23:42,0 1:21,0	25:14,0 1:32,0	29:04,0 3:50,0	30:14,0 1:10,0	31:34,0 1:20,0	37:18,0 5:44,0	37:56,0 0:38,0
5	Peñalvo Casero, Juan Carlos Madrid CLUB NAVALCARNERO ORIENTACI	49:16,0	2:55,0 3:24,0 41:52,0	2:05,0 6:22,0 43:43,0	2:01,0 8:02,0 45:17,0	2:41,0 15:04,0 47:23,0	0:47,0 17:55,0 48:03,0	0:37,0 19:11,0 49:06,0	0:10,0 20:18,0 49:16,0	23:39,0 3:21,0	24:56,0 1:17,0	26:38,0 1:42,0	30:33,0 3:55,0	31:48,0 1:15,0	32:37,0 0:49,0	39:32,0 6:55,0	40:11,0 0:39,0
6	Trigales Delgado, Iván Madrid LOS ÁNGELES	52:33,0	1:41,0 3:05,0 45:04,0	1:51,0 6:28,0 47:16,0	1:34,0 8:04,0 49:14,0	2:06,0 20:53,0 51:05,0	0:40,0 22:18,0 51:46,0	1:03,0 24:52,0 52:26,0	0:10,0 25:52,0 52:33,0	27:46,0 1:54,0	28:58,0 1:12,0	30:46,0 1:48,0	34:38,0 3:52,0	35:50,0 1:12,0	36:44,0 0:54,0	42:26,0 5:42,0	43:03,0 0:37,0
7	Mahou García, Luis Madrid COTA	52:36,0	2:01,0 3:15,0 3:15,0	2:12,0 7:12,0 3:57,0	1:58,0 9:18,0 2:06,0	1:51,0 16:34,0 7:16,0	0:41,0 18:14,0 1:40,0	0:40,0 20:15,0 2:01,0	0:07,0 21:36,0 1:21,0	24:16,0 2:40,0	25:46,0 1:30,0	27:39,0 1:53,0	31:49,0 4:10,0	33:18,0 1:29,0	34:46,0 1:28,0	42:01,0 7:15,0	42:52,0 0:51,0
8	Couceiro Coira, Jose Madrid GOCAN	53:37,0	1:56,0 2:52,0 2:52,0	2:06,0 6:55,0 4:03,0	2:01,0 8:37,0 1:42,0	1:54,0 15:58,0 7:21,0	0:55,0 17:27,0 1:29,0	0:44,0 19:15,0 1:48,0	0:08,0 20:28,0 1:13,0	22:20,0 1:52,0	23:54,0 1:34,0	25:40,0 1:46,0	29:04,0 3:24,0	31:00,0 1:56,0	32:14,0 1:14,0	39:38,0 7:24,0	40:20,0 0:42,0
9	Cabeza Garcia, Miguel Madrid Imperdible	53:41,0	1:48,0 3:54,0 3:54,0	4:59,0 7:19,0 3:25,0	2:59,0 8:47,0 1:28,0	1:44,0 19:58,0 11:11,0	0:46,0 21:52,0 1:54,0	0:52,0 23:29,0 1:37,0	0:09,0 24:49,0 1:20,0	26:32,0 1:43,0	28:08,0 1:36,0	29:56,0 1:48,0	33:57,0 4:01,0	35:05,0 1:08,0	36:10,0 1:05,0	41:49,0 5:39,0	42:38,0 0:49,0

Pos	Nombre	Tiempo	3,7 km 250 m 21 C (cont.)															
			1(34) 16(62)	2(43) 17(64)	3(46) 18(68)	4(47) 19(71)	5(48) 20(74)	6(54) 21(100)	7(51) Meta	8(49)	9(50)	10(52)	11(55)	12(56)	13(57)	14(61)	15(63)	
<b>10</b>	<b>Sanz Alejandro, Juan</b> <b>CLUB ORIENTACION LOS CALIFAS</b>	<b>54:21,0</b>	3:02,0	6:35,0	9:12,0	15:33,0	17:06,0	18:48,0	19:45,0	22:26,0	23:53,0	25:41,0	29:01,0	37:19,0	37:59,0	43:14,0	43:55,0	
			3:02,0	3:33,0	2:37,0	6:21,0	1:33,0	1:42,0	0:57,0	2:41,0	1:27,0	1:48,0	3:20,0	8:18,0	0:40,0	5:15,0	0:41,0	
			45:54,0	47:53,0	51:30,0	52:57,0	53:32,0	54:12,0	54:21,0									
<b>11</b>	<b>Pablos Ramírez, Jesús</b> <b>Madrid ORIENTAGETAFE</b>	<b>54:30,0</b>	1:59,0	1:59,0	3:37,0	1:27,0	<b>0:35,0</b>	0:40,0	0:09,0									
			<b>2:47,0</b>	<b>5:40,0</b>	7:42,0	13:54,0	15:28,0	17:38,0	18:35,0	20:40,0	21:55,0	24:42,0	31:00,0	32:09,0	34:29,0	43:56,0	44:31,0	
			<b>2:47,0</b>	2:53,0	2:02,0	6:12,0	1:34,0	2:10,0	0:57,0	2:05,0	1:15,0	2:47,0	6:18,0	1:09,0	2:20,0	9:27,0	0:35,0	
<b>12</b>	<b>Morcillo Laiz, Jose Luis</b> <b>Madrid Sotobosque</b>	<b>58:19,0</b>	2:48,0	2:36,0	1:34,0	1:32,0	0:49,0	<b>0:33,0</b>	<b>0:07,0</b>									
			3:59,0	8:20,0	11:31,0	20:16,0	21:43,0	23:02,0	24:26,0	25:53,0	27:23,0	29:05,0	32:31,0	34:48,0	35:54,0	43:37,0	45:54,0	
			3:59,0	4:21,0	3:11,0	8:45,0	1:27,0	1:19,0	1:24,0	1:27,0	1:30,0	1:42,0	3:26,0	2:17,0	1:06,0	7:43,0	2:17,0	
<b>13</b>	<b>Jimenez, Jesus</b> <b>Madrid Imperdible</b>	<b>58:38,0</b>	2:18,0	5:00,0	1:49,0	1:40,0	0:46,0	0:43,0	0:09,0									
			3:33,0	7:44,0	11:47,0	25:06,0	26:48,0	28:49,0	30:08,0	31:51,0	33:21,0	35:29,0	39:12,0	40:37,0	41:36,0	46:57,0	47:40,0	
			3:33,0	4:11,0	4:03,0	13:19,0	1:42,0	2:01,0	1:19,0	1:43,0	1:30,0	2:08,0	3:43,0	1:25,0	0:59,0	5:21,0	0:43,0	
<b>14</b>	<b>Fustes, Jose</b> <b>Madrid GOCAN</b>	<b>58:40,0</b>	49:20,0	51:41,0	55:08,0	56:49,0	57:51,0	58:30,0	58:38,0									
			1:40,0	2:21,0	3:27,0	1:41,0	1:02,0	0:39,0	0:08,0									
			2:53,0	6:18,0	8:22,0	15:32,0	17:00,0	18:24,0	19:52,0	21:37,0	23:20,0	26:28,0	30:11,0	32:45,0	34:15,0	39:30,0	40:13,0	
<b>15</b>	<b>Prado Da Cruz, Carlos Manuel</b> <b>Madrid GOCAN</b>	<b>1:00:06,0</b>	2:53,0	3:25,0	2:04,0	7:10,0	1:28,0	1:24,0	1:28,0	1:45,0	1:43,0	3:08,0	3:43,0	2:34,0	1:30,0	5:15,0	0:43,0	
			42:10,0	53:50,0	55:40,0	57:05,0	57:55,0	58:32,0	58:40,0									
			1:57,0	11:40,0	1:50,0	1:25,0	0:50,0	0:37,0	0:08,0									
<b>16</b>	<b>Amaya Garcia, Xavier</b> <b>Madrid Malarruta</b>	<b>1:06:25,0</b>	3:10,0	6:43,0	9:28,0	20:52,0	22:40,0	24:03,0	25:08,0	27:12,0	28:43,0	31:12,0	36:33,0	37:58,0	38:58,0	46:03,0	46:46,0	
			3:10,0	3:33,0	2:45,0	11:24,0	1:48,0	1:23,0	1:05,0	2:04,0	1:31,0	2:29,0	5:21,0	1:25,0	1:00,0	7:05,0	0:43,0	
			49:38,0	52:05,0	54:57,0	57:10,0	59:10,0	59:55,0	1:00:06,0									
<b>17</b>	<b>Serrano Molinero, Javier</b> <b>Madrid ESCONDITE-M</b>	<b>1:06:57,0</b>	2:52,0	2:27,0	2:52,0	2:13,0	2:00,0	0:45,0	0:11,0									
			3:56,0	8:45,0	10:55,0	23:10,0	27:46,0	29:59,0	31:31,0	34:00,0	35:59,0	38:29,0	44:17,0	46:38,0	47:50,0	55:16,0	56:11,0	
			3:56,0	4:49,0	2:10,0	12:15,0	4:36,0	2:13,0	1:32,0	2:29,0	1:59,0	2:30,0	5:48,0	2:21,0	1:12,0	7:26,0	0:55,0	
<b>18</b>	<b>Andersson, Jonas</b> <b>Madrid Yelmo-O</b>	<b>1:07:08,0</b>	58:26,0	1:00:40,0	1:02:16,0	1:04:37,0	1:05:33,0	1:06:15,0	1:06:25,0									
			2:15,0	2:14,0	1:36,0	2:21,0	0:56,0	0:42,0	0:10,0									
			3:40,0	10:28,0	13:40,0	26:51,0	28:20,0	30:04,0	31:41,0	33:27,0	35:49,0	38:04,0	44:34,0	46:30,0	47:41,0	55:02,0	55:42,0	
<b>19</b>	<b>Diaz Bes, Jorge</b> <b>Madrid COLMENAR</b>	<b>1:07:12,0</b>	3:40,0	6:48,0	3:12,0	13:11,0	1:29,0	1:44,0	1:37,0	1:46,0	2:22,0	2:15,0	6:30,0	1:56,0	1:11,0	7:21,0	0:40,0	
			57:35,0	1:00:00,0	1:02:23,0	1:04:50,0	1:05:58,0	1:06:49,0	1:06:57,0									
			1:53,0	2:25,0	2:23,0	2:27,0	1:08,0	0:51,0	0:08,0									
<b>20</b>	<b>Gonzalez Sanchez, Pedro</b> <b>Madrid ESCONDITE-M</b>	<b>1:09:22,0</b>	2:50,0	7:32,0	9:25,0	23:59,0	25:23,0	26:45,0	28:02,0	29:53,0	31:30,0	33:33,0	39:30,0	41:11,0	43:18,0	53:14,0	54:05,0	
			2:50,0	4:42,0	1:53,0	14:34,0	1:24,0	1:22,0	1:17,0	1:51,0	1:37,0	2:03,0	5:57,0	1:41,0	2:07,0	9:56,0	0:51,0	
			58:59,0	1:01:18,0	1:03:18,0	1:05:28,0	1:06:14,0	1:06:58,0	1:07:08,0									
<b>21</b>	<b>Perez Miranda, Alberto</b> <b>Madrid COLMENAR</b>	<b>1:11:05,0</b>	4:54,0	2:19,0	2:00,0	2:10,0	0:46,0	0:44,0	0:10,0									
			3:23,0	6:52,0	8:43,0	21:35,0	29:06,0	31:34,0	33:14,0	35:08,0	36:50,0	39:13,0	43:47,0	45:31,0	46:33,0	52:54,0	53:37,0	
			3:23,0	3:29,0	1:51,0	12:52,0	7:31,0	2:28,0	1:40,0	1:54,0	1:42,0	2:23,0	4:34,0	1:44,0	1:02,0	6:21,0	0:43,0	
<b>20</b>	<b>Gonzalez Sanchez, Pedro</b> <b>Madrid ESCONDITE-M</b>	<b>1:09:22,0</b>	58:57,0	1:01:12,0	1:03:09,0	1:05:32,0	1:06:27,0	1:07:05,0	1:07:12,0									
			5:20,0	2:15,0	1:57,0	2:23,0	0:55,0	0:38,0	<b>0:07,0</b>									
			3:53,0	7:58,0	12:40,0	21:05,0	22:44,0	25:32,0	27:35,0	30:59,0	33:19,0	35:22,0	40:53,0	43:48,0	45:30,0	54:18,0	55:15,0	
<b>21</b>	<b>Perez Miranda, Alberto</b> <b>Madrid COLMENAR</b>	<b>1:11:05,0</b>	3:53,0	4:05,0	4:42,0	8:25,0	1:39,0	2:48,0	2:03,0	3:24,0	2:20,0	2:03,0	5:31,0	2:55,0	1:42,0	8:48,0	0:57,0	
			57:25,0	1:00:41,0	1:04:27,0	1:07:34,0	1:08:36,0	1:09:14,0	1:09:22,0									
			2:10,0	3:16,0	3:46,0	3:07,0	1:02,0	0:38,0	0:08,0									
<b>21</b>	<b>Perez Miranda, Alberto</b> <b>Madrid COLMENAR</b>	<b>1:11:05,0</b>	3:12,0	10:36,0	13:22,0	30:49,0	33:05,0	35:02,0	36:18,0	38:00,0	39:30,0	41:44,0	45:37,0	47:06,0	48:11,0	56:35,0	57:25,0	
			3:12,0	7:24,0	2:46,0	17:27,0	2:16,0	1:57,0	1:16,0	1:42,0	1:30,0	2:14,0	3:53,0	1:29,0	1:05,0	8:24,0	0:50,0	
			:01:53,0	1:04:29,0	1:06:55,0	1:09:15,0	1:10:11,0	1:10:55,0	1:11:05,0									
			4:28,0	2:36,0	2:26,0	2:20,0	0:56,0	0:44,0	0:10,0									





Pos	Nombre	Tiempo															
			3,5 km 240 m		19 C		(cont.)										
			1(33)	2(36)	3(42)	4(44)	5(46)	6(51)	7(49)	8(48)	9(55)	10(56)	11(57)	12(58)	13(62)	14(65)	15(68)
			16(70)	17(72)	18(73)	19(100)	Meta										
5	Chocano Migallon, Jose Madrid Tierra Trágame	52:40,0	2:56,0	4:42,0	5:45,0	6:45,0	9:45,0	17:05,0	18:38,0	20:12,0	22:21,0	24:07,0	25:54,0	29:43,0	40:15,0	45:23,0	48:24,0
			2:56,0	1:46,0	1:03,0	1:00,0	3:00,0	7:20,0	1:33,0	1:34,0	2:09,0	1:46,0	1:47,0	3:49,0	10:32,0	5:08,0	3:01,0
			49:28,0	51:10,0	51:34,0	52:32,0	52:40,0										
6	GARNACHO GONZÁLEZ, EUSEBIO ANDRÉ Madrid Alabarda-O	55:37,0	1:04,0	1:42,0	0:24,0	0:58,0	0:08,0										
			4:16,0	5:43,0	6:47,0	7:50,0	10:18,0	19:26,0	21:51,0	23:44,0	26:13,0	27:43,0	29:03,0	31:48,0	41:45,0	46:04,0	51:45,0
			4:16,0	1:27,0	1:04,0	1:03,0	2:28,0	9:08,0	2:25,0	1:53,0	2:29,0	1:30,0	1:20,0	2:45,0	9:57,0	4:19,0	5:41,0
7	Barcia Hernández, José Enrique Madrid ORIENTAGETAFE	56:52,0	1:00,0	1:27,0	0:20,0	0:56,0	0:09,0										
			2:42,0	6:24,0	7:17,0	8:13,0	10:48,0	19:59,0	22:24,0	24:28,0	27:43,0	29:00,0	30:06,0	32:05,0	44:34,0	49:38,0	52:40,0
			2:42,0	3:42,0	0:53,0	0:56,0	2:35,0	9:11,0	2:25,0	2:04,0	3:15,0	1:17,0	1:06,0	1:59,0	12:29,0	5:04,0	3:02,0
8	Fernández Magán, Roberto Madrid Tierra Trágame	58:40,0	0:53,0	1:50,0	0:19,0	1:01,0	0:09,0										
			2:31,0	4:02,0	5:01,0	5:57,0	8:03,0	20:12,0	21:50,0	23:46,0	30:47,0	31:57,0	33:00,0	34:42,0	43:02,0	47:16,0	49:35,0
			2:31,0	1:31,0	0:59,0	0:56,0	2:06,0	12:09,0	1:38,0	1:56,0	7:01,0	1:10,0	1:03,0	1:42,0	8:20,0	4:14,0	2:19,0
9	Chousa Alvarez, Urbano Madrid Tierra Trágame	59:00,0	50:34,0	57:06,0	57:26,0	58:30,0	58:40,0										
			0:59,0	6:32,0	0:20,0	1:04,0	0:10,0			*71	*74						
			2:50,0	4:31,0	5:35,0	6:41,0	9:10,0	17:42,0	19:54,0	21:47,0	24:19,0	29:56,0	30:37,0	32:58,0	46:13,0	49:38,0	54:08,0
10	Alvarez Berruero, Miguel Madrid C.D.E Rumbo Madrid Sanse	1:02:44,0	2:50,0	1:41,0	1:04,0	1:06,0	2:29,0	8:32,0	2:12,0	1:53,0	2:32,0	5:37,0	0:41,0	2:21,0	13:15,0	3:25,0	4:30,0
			55:20,0	57:00,0	57:27,0	58:51,0	59:00,0										
			1:12,0	1:40,0	0:27,0	1:24,0	0:09,0										
11	González Castellanos, Víctor Madrid C.D.E Rumbo Madrid Sanse	1:04:46,0	2:36,0	4:08,0	5:29,0	6:29,0	8:55,0	17:55,0	20:36,0	22:38,0	24:49,0	26:01,0	27:00,0	28:26,0	39:35,0	54:47,0	58:14,0
			2:36,0	1:32,0	1:21,0	1:00,0	2:26,0	9:00,0	2:41,0	2:02,0	2:11,0	1:12,0	0:59,0	1:26,0	11:09,0	15:12,0	3:27,0
			59:26,0	1:01:01,0	1:01:25,0	1:02:33,0	1:02:44,0										
12	García Huertas, Félix Madrid GOCAN	1:04:50,0	1:12,0	1:35,0	0:24,0	1:08,0	0:11,0										
			2:48,0	4:24,0	5:28,0	6:24,0	9:20,0	23:31,0	25:52,0	28:05,0	31:16,0	33:29,0	34:50,0	37:32,0	51:24,0	56:27,0	1:00:35,0
			2:48,0	1:36,0	1:04,0	0:56,0	2:56,0	14:11,0	2:21,0	2:13,0	3:11,0	2:13,0	1:21,0	2:42,0	13:52,0	5:03,0	4:08,0
13	Valverde Viu, Jaime Madrid ORIENTAGETAFE	1:06:30,0	:01:26,0	1:03:04,0	1:03:25,0	1:04:33,0	1:04:46,0										
			0:51,0	1:38,0	0:21,0	1:08,0	0:13,0										
			2:49,0	4:15,0	5:18,0	6:24,0	8:58,0	26:35,0	28:28,0	30:20,0	33:05,0	34:56,0	36:01,0	39:17,0	49:17,0	57:43,0	1:00:18,0
14	Lastra Martínez, Felipe Madrid Club Monte El Pardo	1:08:54,0	2:49,0	1:26,0	1:03,0	1:06,0	2:34,0	17:37,0	1:53,0	1:52,0	2:45,0	1:51,0	1:05,0	3:16,0	10:00,0	8:26,0	2:35,0
			:01:17,0	1:03:04,0	1:03:27,0	1:04:39,0	1:04:50,0										
			0:59,0	1:47,0	0:23,0	1:12,0	0:11,0										
15	Muñoz Genovés, Francisco José CLUB ORIENTACIÓN C O GUADALAJARA	1:11:48,0	3:14,0	5:00,0	6:05,0	7:19,0	9:28,0	19:17,0	21:57,0	24:00,0	27:25,0	29:18,0	30:20,0	41:39,0	49:19,0	57:35,0	1:01:16,0
			3:14,0	1:46,0	1:05,0	1:14,0	2:09,0	9:49,0	2:40,0	2:03,0	3:25,0	1:53,0	1:02,0	11:19,0	7:40,0	8:16,0	3:41,0
			:02:42,0	1:04:51,0	1:05:18,0	1:06:22,0	1:06:30,0										
16	Cogollos Fernández, Jesús Madrid ORIENTAGETAFE	1:12:30,0	1:26,0	2:09,0	0:27,0	1:04,0	0:08,0										
			3:26,0	5:16,0	6:46,0	8:03,0	10:35,0	24:37,0	28:36,0	30:29,0	33:28,0	36:58,0	39:04,0	41:59,0	55:38,0	1:01:22,0	1:04:34,0
			3:26,0	1:50,0	1:30,0	1:17,0	2:32,0	14:02,0	3:59,0	1:53,0	2:59,0	3:30,0	2:06,0	2:55,0	13:39,0	5:44,0	3:12,0
15	Muñoz Genovés, Francisco José CLUB ORIENTACIÓN C O GUADALAJARA	1:11:48,0	:05:44,0	1:07:18,0	1:07:37,0	1:08:46,0	1:08:54,0										
			1:10,0	1:34,0	0:19,0	1:09,0	0:08,0										
			3:36,0	7:53,0	9:09,0	10:31,0	14:34,0	27:11,0	29:34,0	32:36,0	36:15,0	37:38,0	38:54,0	40:40,0	50:36,0	1:01:55,0	1:05:52,0
16	Cogollos Fernández, Jesús Madrid ORIENTAGETAFE	1:12:30,0	3:36,0	4:17,0	1:16,0	1:22,0	4:03,0	12:37,0	2:23,0	3:02,0	3:39,0	1:23,0	1:16,0	1:46,0	9:56,0	11:19,0	3:57,0
			:07:40,0	1:09:43,0	1:10:21,0	1:11:37,0	1:11:48,0										
			1:48,0	2:03,0	0:38,0	1:16,0	0:11,0										
16	Cogollos Fernández, Jesús Madrid ORIENTAGETAFE	1:12:30,0	3:17,0	5:20,0	7:58,0	9:04,0	11:45,0	22:11,0	24:20,0	26:23,0	29:24,0	31:46,0	33:02,0	37:11,0	51:38,0	1:00:52,0	1:06:17,0
			3:17,0	2:03,0	2:38,0	1:06,0	2:41,0	10:26,0	2:09,0	2:03,0	3:01,0	2:22,0	1:16,0	4:09,0	14:27,0	9:14,0	5:25,0
			:08:27,0	1:10:12,0	1:10:40,0	1:12:19,0	1:12:30,0										
			2:10,0	1:45,0	0:28,0	1:39,0	0:11,0										















Pos	Nombre	Tiempo															
F-21B (9)		2,6 km	220 m	16 C													
		1(37)	2(42)	3(44)	4(45)	5(46)	6(48)	7(54)	8(55)	9(57)	10(58)	11(59)	12(60)	13(61)	14(63)	15(69)	
		16(100)	Meta														
1	Alonso Ruiz, Sara Madrid COLMENAR	41:35,0	3:07,0	5:46,0	6:56,0	8:34,0	10:01,0	20:02,0	22:19,0	23:24,0	26:57,0	29:24,0	29:49,0	31:09,0	34:14,0	34:52,0	40:28,0
			3:07,0	2:39,0	1:10,0	1:38,0	1:27,0	10:01,0	2:17,0	1:05,0	3:33,0	2:27,0	0:25,0	1:20,0	3:05,0	0:38,0	5:36,0
			41:26,0	41:35,0													
			0:58,0	0:09,0													
2	Hernandez Torres, Pilar Madrid ESCONDITE-M	46:26,0	2:12,0	7:19,0	8:29,0	10:06,0	11:42,0	21:44,0	23:43,0	25:12,0	30:18,0	32:50,0	33:19,0	35:14,0	38:09,0	39:31,0	45:35,0
			2:12,0	5:07,0	1:10,0	1:37,0	1:36,0	10:02,0	1:59,0	1:29,0	5:06,0	2:32,0	0:29,0	1:55,0	2:55,0	1:22,0	6:04,0
			46:17,0	46:26,0													
			0:42,0	0:09,0													
3	Manzano Mohedano, Maria Madrid ESCONDITE-M	57:53,0	2:51,0	5:59,0	7:25,0	11:00,0	13:26,0	24:24,0	26:39,0	27:29,0	29:54,0	32:01,0	32:48,0	39:52,0	43:46,0	44:40,0	56:55,0
			2:51,0	3:08,0	1:26,0	3:35,0	2:26,0	10:58,0	2:15,0	0:50,0	2:25,0	2:07,0	0:47,0	7:04,0	3:54,0	0:54,0	12:15,0
			57:44,0	57:53,0													
			0:49,0	0:09,0													
4	Fernández Leñador, Cristina Madrid Club Monte El Pardo	1:02:09,0	3:26,0	7:34,0	9:02,0	11:07,0	13:28,0	27:47,0	31:32,0	33:41,0	39:59,0	43:54,0	44:39,0	47:02,0	51:45,0	52:57,0	1:00:54,0
			3:26,0	4:08,0	1:28,0	2:05,0	2:21,0	14:19,0	3:45,0	2:09,0	6:18,0	3:55,0	0:45,0	2:23,0	4:43,0	1:12,0	7:57,0
			1:01:57,0	1:02:09,0													
			1:03,0	0:12,0													
5	Garcia Garcia, Alicia Madrid C.D.C.E.B.E.	1:15:39,0	3:45,0	8:50,0	10:08,0	12:06,0	14:17,0	27:35,0	31:14,0	33:39,0	39:09,0	53:38,0	54:18,0	57:33,0	1:03:15,0	1:04:27,0	1:14:25,0
			3:45,0	5:05,0	1:18,0	1:58,0	2:11,0	13:18,0	3:39,0	2:25,0	5:30,0	14:29,0	0:40,0	3:15,0	5:42,0	1:12,0	9:58,0
			1:15:23,0	1:15:39,0													
			0:58,0	0:16,0													
6	Gonzalez Del Yerro, Leticia Madrid COLMENAR	1:26:51,0	6:05,0	9:16,0	11:46,0	14:19,0	15:59,0	34:40,0	36:35,0	51:22,0	55:50,0	1:04:23,0	1:05:01,0	1:08:09,0	1:13:18,0	1:14:34,0	1:25:43,0
			6:05,0	3:11,0	2:30,0	2:33,0	1:40,0	18:41,0	1:55,0	14:47,0	4:28,0	8:33,0	0:38,0	3:08,0	5:09,0	1:16,0	11:09,0
			1:26:40,0	1:26:51,0													
			0:57,0	0:11,0													
7	Ten Domingo, Irene Madrid COLMENAR	1:53:59,0	9:43,0	17:20,0	24:27,0	27:13,0	30:09,0	48:11,0	53:43,0	56:12,0	1:06:59,0	1:21:16,0	1:22:12,0	1:29:22,0	1:35:02,0	1:36:24,0	1:51:17,0
			9:43,0	7:37,0	7:07,0	2:46,0	2:56,0	18:02,0	5:32,0	2:29,0	10:47,0	14:17,0	0:56,0	7:10,0	5:40,0	1:22,0	14:53,0
			1:53:24,0	1:53:59,0													
			2:07,0	0:35,0													
8	Gonzalez Rodriguez, Gema IND Individuals/No Club	1:55:58,0	11:34,0	19:24,0	24:54,0	29:02,0	32:37,0	50:22,0	55:24,0	58:19,0	1:08:56,0	1:23:15,0	1:24:10,0	1:31:27,0	1:37:07,0	1:38:17,0	1:53:05,0
			11:34,0	7:50,0	5:30,0	4:08,0	3:35,0	17:45,0	5:02,0	2:55,0	10:37,0	14:19,0	0:55,0	7:17,0	5:40,0	1:10,0	14:48,0
			1:55:31,0	1:55:58,0													
			2:26,0	0:27,0													
	Rodriguez Alquezar, María De La O Madrid COLMENAR	ror en tarj.	3:07,0	7:38,0	9:13,0	-----	13:13,0	30:22,0	32:24,0	34:19,0	38:39,0	42:29,0	43:19,0	44:56,0	51:49,0	52:35,0	1:00:05,0
			3:07,0	4:31,0	1:35,0		4:00,0	17:09,0	2:02,0	1:55,0	4:20,0	3:50,0	0:50,0	1:37,0	6:53,0	0:46,0	7:30,0
			1:00:49,0	1:01:00,0													
			0:44,0	0:11,0													
F-40 (9)		2,6 km	220 m	16 C													
		1(37)	2(42)	3(44)	4(45)	5(46)	6(48)	7(54)	8(55)	9(57)	10(58)	11(59)	12(60)	13(61)	14(63)	15(69)	
		16(100)	Meta														
1	Saoner Arevalo, Silvia Madrid Imperdible	48:11,0	2:49,0	5:53,0	7:06,0	8:52,0	10:21,0	20:27,0	22:20,0	23:30,0	26:30,0	30:51,0	31:45,0	33:29,0	41:12,0	42:01,0	47:03,0
			2:49,0	3:04,0	1:13,0	1:46,0	1:29,0	10:06,0	1:53,0	1:10,0	3:00,0	4:21,0	0:54,0	1:44,0	7:43,0	0:49,0	5:02,0
			48:01,0	48:11,0													
			0:58,0	0:10,0													
2	Del Campo Campos, Cristina Madrid Malarruta	49:28,0	2:58,0	6:43,0	7:53,0	9:30,0	11:07,0	24:32,0	26:28,0	29:04,0	31:58,0	34:01,0	34:44,0	36:46,0	40:24,0	41:26,0	48:27,0
			2:58,0	3:45,0	1:10,0	1:37,0	1:37,0	13:25,0	1:56,0	2:36,0	2:54,0	2:03,0	0:43,0	2:02,0	3:38,0	1:02,0	7:01,0
			49:18,0	49:28,0													
			0:51,0	0:10,0													

Pos	Nombre	Tiempo															
F-40 (9)		2,6 km 220 m		16 C (cont.)													
		1(37) 16(100)	2(42) Meta	3(44)	4(45)	5(46)	6(48)	7(54)	8(55)	9(57)	10(58)	11(59)	12(60)	13(61)	14(63)	15(69)	
3	Silveira Puertas, Rosa Madrid Alabarda-O	52:24,0	2:51,0 2:51,0 52:09,0 1:09,0	6:12,0 3:21,0 52:24,0 0:15,0	7:28,0 1:16,0	9:53,0 2:25,0 1:50,0	11:43,0 12:47,0	24:30,0 2:32,0	27:02,0 1:31,0	28:33,0 3:12,0	31:45,0 3:11,0	34:56,0 0:47,0	35:43,0 3:21,0	39:04,0 3:50,0	42:54,0 1:02,0	43:56,0 7:04,0	51:00,0
4	Asanza Izquierdo, Sonia Madrid Club Monte El Pardo	54:56,0	3:28,0 3:28,0 54:47,0 0:56,0	6:35,0 3:07,0 54:56,0 0:09,0	7:59,0 1:24,0	9:33,0 1:34,0 2:43,0	12:16,0 9:15,0	21:31,0 2:12,0	23:43,0 1:22,0	25:05,0 3:07,0	28:12,0 4:31,0	32:43,0 0:24,0	33:07,0 11:39,0	44:46,0 2:21,0	47:07,0 1:04,0	48:11,0 5:40,0	53:51,0
5	Fernández Molina, María Carmen Madrid Malarruta	1:07:33,0	3:10,0 3:10,0 :07:23,0 1:17,0	9:28,0 6:18,0 1:07:33,0 0:10,0	11:39,0 2:11,0	15:34,0 3:55,0 1:38,0	17:12,0 17:56,0	35:08,0 3:00,0	38:08,0 2:03,0	40:11,0 4:14,0	44:25,0 3:45,0	48:10,0 0:47,0	48:57,0 3:16,0	52:13,0 4:04,0	56:17,0 1:28,0	57:45,0 8:21,0	1:06:06,0
6	Coll Eriksson, Annika Madrid LOS ÁNGELES	1:16:27,0	4:38,0 4:38,0 :16:19,0 1:18,0	9:28,0 4:50,0 1:16:27,0 0:08,0	11:34,0 2:06,0	15:24,0 3:50,0 4:21,0	19:45,0 21:38,0	41:23,0 2:19,0	43:42,0 1:35,0	45:17,0 4:25,0	49:42,0 4:10,0	53:52,0 0:38,0	54:30,0 3:14,0	57:44,0 3:43,0	1:01:27,0 0:54,0	1:02:21,0 12:40,0	1:15:01,0
7	Garcia Garcia, Mercedes Madrid Malarruta	1:34:13,0	3:28,0 3:28,0 :34:01,0 1:35,0	8:12,0 4:44,0 1:34:13,0 0:12,0	9:47,0 1:35,0	12:07,0 2:20,0 2:23,0	14:30,0 18:05,0	32:35,0 3:06,0	35:41,0 2:28,0	38:09,0 4:01,0	42:10,0 3:35,0	45:45,0 0:56,0	46:41,0 3:32,0	50:13,0 4:40,0	54:53,0 1:10,0	56:03,0 36:23,0	1:32:26,0
	Alvarez, Luisa Madrid COLMENAR	Abandona	----	----	----	----	----	----	----	----	----	----	----	----	----	----	----
	Torres Costas, Susana Madrid IBERIA	No sale															
F-45 (4)		2,6 km 220 m		16 C													
		1(37) 16(100)	2(42) Meta	3(44)	4(45)	5(46)	6(48)	7(54)	8(55)	9(57)	10(58)	11(59)	12(60)	13(61)	14(63)	15(69)	
1	Fernández Galdo, Dolores Madrid C.D.E Rumbo Madrid Sanse	44:44,0	3:12,0 3:12,0 44:34,0 0:54,0	6:37,0 3:25,0 44:44,0 0:10,0	7:59,0 1:22,0	9:33,0 1:34,0 1:21,0	10:54,0 14:09,0	25:03,0 1:40,0	26:43,0 1:05,0	27:48,0 1:58,0	29:46,0 2:09,0	31:55,0 2:09,0	32:22,0 0:27,0	34:17,0 1:55,0	36:57,0 2:40,0	37:43,0 0:46,0	43:40,0 5:57,0
2	Prada Cazorla, Ana María Madrid ORIENTAGETAFE	1:06:22,0	2:45,0 2:45,0 :06:11,0 1:14,0	6:16,0 3:31,0 1:06:22,0 0:11,0	8:23,0 2:07,0	10:15,0 1:52,0 3:26,0	13:41,0 13:16,0	26:57,0 3:21,0	30:18,0 5:20,0	35:38,0 4:32,0	40:10,0 6:23,0	46:33,0 0:48,0	47:21,0 2:02,0	49:23,0 4:41,0	54:04,0 1:10,0	55:14,0 9:43,0	1:04:57,0
3	Sintas Martinez, Ana Mª Madrid COLMENAR	1:33:59,0	6:52,0 6:52,0 :33:42,0 1:39,0	10:52,0 4:00,0 1:33:59,0 0:17,0	12:42,0 1:50,0	15:33,0 2:51,0 2:13,0	17:46,0 13:30,0	31:16,0 4:16,0	35:32,0 6:50,0	42:22,0 24:03,0	1:06:25,0 6:01,0	1:12:26,0 0:59,0	1:13:25,0 3:29,0	1:16:54,0 5:31,0	1:22:25,0 1:44,0	1:24:09,0 7:54,0	1:32:03,0
4	Domingo Garcia, Mayte Madrid COLMENAR	1:54:52,0	10:11,0 10:11,0 :54:23,0 2:33,0	17:40,0 7:29,0 1:54:52,0 0:29,0	24:27,0 6:47,0	27:19,0 2:52,0 2:55,0	30:14,0 19:18,0	49:32,0 4:23,0	53:55,0 3:04,0	56:59,0 9:36,0	1:06:35,0 14:53,0	1:21:28,0 1:03,0	1:22:31,0 6:45,0	1:29:16,0 6:09,0	1:35:25,0 1:53,0	1:37:18,0 14:32,0	1:51:50,0





Pos	Nombre	Tiempo												
<b>F-14 (5)</b>		<b>2,0 km 135 m</b>		<b>12 C</b>		<i>(cont.)</i>								
		1(31)	2(37)	3(39)	4(40)	5(41)	6(35)	7(58)	8(59)	9(60)	10(61)	11(67)	12(100)	Meta
	<b>Peñarando Marquez, Paula</b> <b>Madrid COLMENAR</b>	<b>No sale</b>												
<b>M-12 (7)</b>		<b>1,6 km 80 m</b>		<b>11 C</b>										
		1(38)	2(39)	3(40)	4(41)	5(35)	6(32)	7(31)	8(66)	9(67)	10(69)	11(100)	Meta	
1	<b>Pozo Prada, Juan Manuel</b> <b>Madrid ORIENTAGETAFE</b>	<b>17:46,0</b>	<b>2:26,0</b>	<b>3:31,0</b>	<b>4:27,0</b>	<b>5:26,0</b>	<b>7:53,0</b>	10:27,0	11:14,0	13:02,0	<b>14:22,0</b>	<b>16:48,0</b>	<b>17:36,0</b>	<b>17:46,0</b>
			2:26,0	1:05,0	0:56,0	0:59,0	2:27,0	2:34,0	0:47,0	1:48,0	<b>1:20,0</b>	2:26,0	0:48,0	0:10,0
2	<b>Zorrilla Olías, Gonzalo</b> <b>Madrid CLUB O-Charlies</b>	<b>20:08,0</b>	3:51,0	4:30,0	5:07,0	5:51,0	8:06,0	<b>9:52,0</b>	<b>10:34,0</b>	<b>12:47,0</b>	16:44,0	19:31,0	19:59,0	20:08,0
			3:51,0	<b>0:39,0</b>	<b>0:37,0</b>	<b>0:44,0</b>	<b>2:15,0</b>	<b>1:46,0</b>	<b>0:42,0</b>	2:13,0	3:57,0	2:47,0	<b>0:28,0</b>	0:09,0
3	<b>Herranz Pastora, Tomás</b> <b>Madrid COLMENAR</b>	<b>21:20,0</b>	3:14,0	4:24,0	6:06,0	7:17,0	11:14,0	13:58,0	15:00,0	16:59,0	18:31,0	20:26,0	21:10,0	21:20,0
			3:14,0	1:10,0	1:42,0	1:11,0	3:57,0	2:44,0	1:02,0	1:59,0	1:32,0	1:55,0	0:44,0	0:10,0
4	<b>Ruiz Alvarez, Alvaro</b> <b>Madrid CLUB NAVALCARNERO ORIENTACI</b>	<b>31:22,0</b>	3:15,0	5:37,0	7:08,0	9:01,0	15:12,0	20:59,0	22:09,0	23:55,0	26:21,0	29:51,0	31:14,0	31:22,0
			3:15,0	2:22,0	1:31,0	1:53,0	6:11,0	5:47,0	1:10,0	<b>1:46,0</b>	2:26,0	3:30,0	1:23,0	<b>0:08,0</b>
5	<b>Barcia Belinchón, Jorge</b> <b>Madrid ORIENTAGETAFE</b>	<b>31:26,0</b>	2:48,0	3:52,0	6:30,0	8:44,0	14:45,0	16:53,0	18:07,0	20:19,0	22:16,0	30:15,0	31:14,0	31:26,0
			2:48,0	1:04,0	2:38,0	2:14,0	6:01,0	2:08,0	1:14,0	2:12,0	1:57,0	7:59,0	0:59,0	0:12,0
6	<b>Díaz Fernández, Darío</b> <b>Madrid Malarruta</b>	<b>31:55,0</b>	4:04,0	5:14,0	10:38,0	14:17,0	22:00,0	24:22,0	25:26,0	27:25,0	29:04,0	30:49,0	31:44,0	31:55,0
			4:04,0	1:10,0	5:24,0	3:39,0	7:43,0	2:22,0	1:04,0	1:59,0	1:39,0	<b>1:45,0</b>	0:55,0	0:11,0
	<b>Barcia Belinchón, Enrique</b> <b>Madrid ORIENTAGETAFE</b>	<b>No sale</b>												
<b>F-12 (4)</b>		<b>1,6 km 80 m</b>		<b>11 C</b>										
		1(38)	2(39)	3(40)	4(41)	5(35)	6(32)	7(31)	8(66)	9(67)	10(69)	11(100)	Meta	
1	<b>REYES LÓPEZ, PAULA</b> <b>Madrid Alabarda-O</b>	<b>23:44,0</b>	3:33,0	<b>4:55,0</b>	<b>7:16,0</b>	<b>8:52,0</b>	<b>13:57,0</b>	<b>16:18,0</b>	<b>17:22,0</b>	<b>19:27,0</b>	<b>20:56,0</b>	<b>22:41,0</b>	<b>23:34,0</b>	<b>23:44,0</b>
			3:33,0	<b>1:22,0</b>	2:21,0	<b>1:36,0</b>	<b>5:05,0</b>	<b>2:21,0</b>	<b>1:04,0</b>	2:05,0	<b>1:29,0</b>	<b>1:45,0</b>	0:53,0	0:10,0
2	<b>García Bautista, Lucía</b> <b>Madrid EntreBalizas</b>	<b>31:26,0</b>	<b>2:49,0</b>	7:42,0	8:55,0	11:08,0	17:05,0	20:22,0	21:34,0	23:37,0	25:15,0	30:37,0	31:17,0	31:26,0
			<b>2:49,0</b>	4:53,0	<b>1:13,0</b>	2:13,0	5:57,0	3:17,0	1:12,0	<b>2:03,0</b>	1:38,0	5:22,0	<b>0:40,0</b>	<b>0:09,0</b>
	<b>Rodríguez Álvarez, Claudia Sinead</b> <b>Madrid COLMENAR</b>	<b>ror en tarj.</b>	10:35,0	14:03,0	15:56,0	18:12,0	32:52,0	38:13,0	44:18,0	48:23,0	53:19,0	-----	1:07:23,0	1:07:38,0
	<b>Yllan Ortiz, Ana</b> <b>Madrid Alabarda-O</b>	<b>No sale</b>	10:35,0	3:28,0	1:53,0	2:16,0	14:40,0	5:21,0	6:05,0	4:05,0	4:56,0		14:04,0	0:15,0
<b>F-60 (1)</b>		<b>1,6 km 80 m</b>		<b>11 C</b>										
		1(38)	2(39)	3(40)	4(41)	5(35)	6(32)	7(31)	8(66)	9(67)	10(69)	11(100)	Meta	
1	<b>Hagelbeck, Anita</b> <b>Madrid Malarruta</b>	<b>1:01:03,0</b>	<b>7:09,0</b>	<b>11:07,0</b>	<b>12:59,0</b>	<b>18:40,0</b>	<b>24:35,0</b>	<b>31:38,0</b>	<b>33:52,0</b>	<b>38:47,0</b>	<b>42:38,0</b>	<b>58:46,0</b>	<b>1:00:40,0</b>	<b>1:01:03,0</b>
			<b>7:09,0</b>	<b>3:58,0</b>	<b>1:52,0</b>	<b>5:41,0</b>	<b>5:55,0</b>	<b>7:03,0</b>	<b>2:14,0</b>	<b>4:55,0</b>	<b>3:51,0</b>	<b>16:08,0</b>	<b>1:54,0</b>	<b>0:23,0</b>
<b>M-10 (3)</b>		<b>1,4 km 60 m</b>		<b>9 C</b>										
		1(38)	2(39)	3(40)	4(41)	5(32)	6(31)	7(66)	8(67)	9(100)	Meta			
1	<b>Zorrilla Olías, Rodrigo</b> <b>Madrid Club O-Charlies</b>	<b>21:21,0</b>	<b>3:25,0</b>	<b>4:28,0</b>	<b>5:51,0</b>	<b>8:00,0</b>	<b>10:29,0</b>	<b>11:32,0</b>	18:24,0	<b>19:34,0</b>	<b>21:13,0</b>	<b>21:21,0</b>		
			<b>3:25,0</b>	<b>1:03,0</b>	<b>1:23,0</b>	2:09,0	<b>2:29,0</b>	<b>1:03,0</b>	6:52,0	<b>1:10,0</b>	1:39,0	<b>0:08,0</b>		
2	<b>Losada Moreno, Gabriel</b> <b>Madrid Club Monte El Pardo</b>	<b>21:42,0</b>	4:02,0	6:15,0	7:39,0	9:24,0	11:53,0	13:56,0	<b>16:40,0</b>	<b>19:34,0</b>	21:27,0	21:42,0		
			4:02,0	2:13,0	1:24,0	<b>1:45,0</b>	<b>2:29,0</b>	2:03,0	<b>2:44,0</b>	2:54,0	1:53,0	0:15,0		
3	<b>Maác, Mihály</b> <b>Madrid COLMENAR</b>	<b>23:48,0</b>	4:21,0	7:24,0	9:07,0	11:20,0	15:26,0	16:33,0	20:01,0	22:23,0	23:27,0	23:48,0		
			4:21,0	3:03,0	1:43,0	2:13,0	4:06,0	1:07,0	3:28,0	2:22,0	<b>1:04,0</b>	0:21,0		

Pos	Nombre	Tiempo	1,4 km		60 m		9 C					Meta
			1(38)	2(39)	3(40)	4(41)	5(32)	6(31)	7(66)	8(67)	9(100)	
<b>F-10 (5)</b>												
1	Santos Martin, Rocío	22:48,0	5:14,0	7:30,0	8:54,0	11:37,0	14:39,0	16:16,0	19:14,0	21:33,0	22:34,0	22:48,0
	Madrid Club O-Charlies		5:14,0	2:16,0	1:24,0	2:43,0	3:02,0	1:37,0	2:58,0	2:19,0	1:01,0	0:14,0
2	Perez De Luelmo, Carmen	26:10,0	4:54,0	7:25,0	9:14,0	11:59,0	15:02,0	16:45,0	20:50,0	24:15,0	25:52,0	26:10,0
	Madrid Club Monte El Pardo		4:54,0	2:31,0	1:49,0	2:45,0	3:03,0	1:43,0	4:05,0	3:25,0	1:37,0	0:18,0
3	Velasco Gomez, Celia	27:12,0	4:11,0	6:44,0	8:33,0	10:51,0	14:22,0	16:18,0	22:57,0	25:29,0	26:57,0	27:12,0
	Madrid Club O-Charlies		4:11,0	2:33,0	1:49,0	2:18,0	3:31,0	1:56,0	6:39,0	2:32,0	1:28,0	0:15,0
4	Lastra Asanza, Inés	28:15,0	5:50,0	7:50,0	11:26,0	15:20,0	18:48,0	21:06,0	24:05,0	26:53,0	28:03,0	28:15,0
	Madrid Club Monte El Pardo		5:50,0	2:00,0	3:36,0	3:54,0	3:28,0	2:18,0	2:59,0	2:48,0	1:10,0	0:12,0
	Cobas Prado, Antía	No sale										
	Madrid GOCAN											
<b>OPEN AMARILLO (27)</b>												
			1(38)	2(39)	3(40)	4(41)	5(32)	6(31)	7(66)	8(67)	9(100)	Meta
1	Valdés, Diego	25:47,0	5:13,0	6:52,0	10:39,0	12:35,0	16:14,0	18:01,0	21:40,0	24:05,0	25:25,0	25:47,0
	IND Individuals/No Club		5:13,0	1:39,0	3:47,0	1:56,0	3:39,0	1:47,0	3:39,0	2:25,0	1:20,0	0:22,0
2	Hernandez Sanchez, Mario	26:22,0	5:12,0	7:05,0	9:19,0	13:15,0	16:43,0	18:48,0	22:02,0	24:48,0	26:06,0	26:22,0
	IND Individuals/No Club		5:12,0	1:53,0	2:14,0	3:56,0	3:28,0	2:05,0	3:14,0	2:46,0	1:18,0	0:16,0
3	Blaie Lázaro, Sara	26:52,0	4:36,0	6:09,0	8:27,0	13:14,0	18:21,0	19:57,0	22:17,0	25:22,0	26:19,0	26:52,0
	Madrid Yelmo-O		4:36,0	1:33,0	2:18,0	4:47,0	5:07,0	1:36,0	2:20,0	3:05,0	0:57,0	0:33,0
4	Vega Zafra, Victoria	30:13,0	4:58,0	8:23,0	13:34,0	14:23,0	17:21,0	19:53,0	27:17,0	29:08,0	29:59,0	30:13,0
	Madrid Yelmo-O		4:58,0	3:25,0	5:11,0	0:49,0	2:58,0	2:32,0	7:24,0	1:51,0	0:51,0	0:14,0
5	Andersson Liñan, Matías	30:20,0	5:16,0	8:19,0	11:02,0	14:39,0	18:57,0	21:21,0	26:01,0	29:11,0	30:09,0	30:20,0
	Madrid Yelmo-O		5:16,0	3:03,0	2:43,0	3:37,0	4:18,0	2:24,0	4:40,0	3:10,0	0:58,0	0:11,0
6	Enriquez Dguez, Daniel	30:28,0	8:06,0	9:57,0	11:51,0	13:51,0	18:36,0	20:33,0	25:13,0	28:05,0	30:07,0	30:28,0
	Grupo Gredos de Grupo Gredos		8:06,0	1:51,0	1:54,0	2:00,0	4:45,0	1:57,0	4:40,0	2:52,0	2:02,0	0:21,0
7	König López, Martín	38:57,0	6:36,0	10:16,0	13:11,0	15:32,0	18:59,0	21:11,0	31:35,0	36:53,0	38:31,0	38:57,0
	IND Individuals/No Club		6:36,0	3:40,0	2:55,0	2:21,0	3:27,0	2:12,0	10:24,0	5:18,0	1:38,0	0:26,0
8	De Luelmo Orduña, Isabel	39:00,0	7:03,0	10:12,0	13:34,0	18:07,0	23:55,0	26:31,0	31:11,0	35:44,0	38:15,0	39:00,0
	Madrid Club Monte El Pardo		7:03,0	3:09,0	3:22,0	4:33,0	5:48,0	2:36,0	4:40,0	4:33,0	2:31,0	0:45,0
9	Alberts Balbuena, Lukas	39:32,0	6:46,0	11:12,0	13:55,0	15:59,0	19:50,0	21:57,0	34:16,0	37:26,0	39:14,0	39:32,0
	IND Individuals/No Club		6:46,0	4:26,0	2:43,0	2:04,0	3:51,0	2:07,0	12:19,0	3:10,0	1:48,0	0:18,0
10	Cano-cortes Ruiz, Alicia	40:16,0	8:52,0	12:30,0	15:59,0	21:40,0	26:11,0	28:45,0	35:21,0	38:38,0	40:00,0	40:16,0
	Madrid COLMENAR		8:52,0	3:38,0	3:29,0	5:41,0	4:31,0	2:34,0	6:36,0	3:17,0	1:22,0	0:16,0
11	Cano-cortes Ruiz, Carlota	40:18,0	8:45,0	12:32,0	15:49,0	21:16,0	26:08,0	28:20,0	33:14,0	38:31,0	40:03,0	40:18,0
	Madrid COLMENAR		8:45,0	3:47,0	3:17,0	5:27,0	4:52,0	2:12,0	4:54,0	5:17,0	1:32,0	0:15,0
12	König López, Marcos	40:36,0	6:52,0	11:05,0	12:48,0	15:35,0	19:21,0	21:39,0	34:06,0	37:58,0	40:09,0	40:36,0
	IND Individuals/No Club		6:52,0	4:13,0	1:43,0	2:47,0	3:46,0	2:18,0	12:27,0	3:52,0	2:11,0	0:27,0
13	Preukschat Vadillo, Noah	40:46,0	7:02,0	10:46,0	13:03,0	15:45,0	19:30,0	21:28,0	33:50,0	38:18,0	40:15,0	40:46,0
	IND Individuals/No Club		7:02,0	3:44,0	2:17,0	2:42,0	3:45,0	1:58,0	12:22,0	4:28,0	1:57,0	0:31,0
14	Martin Ledesma, Aaron	42:23,0	6:03,0	8:09,0	10:29,0	13:15,0	19:54,0	23:31,0	29:22,0	36:46,0	41:45,0	42:23,0
	IND Individuals/No Club		6:03,0	2:06,0	2:20,0	2:46,0	6:39,0	3:37,0	5:51,0	7:24,0	4:59,0	0:38,0
15	Nielsen, Lukas	43:33,0	8:40,0	11:12,0	13:28,0	18:31,0	24:44,0	26:44,0	31:05,0	35:52,0	38:11,0	43:33,0
	Madrid Malarruta		8:40,0	2:32,0	2:16,0	5:03,0	6:13,0	2:00,0	4:21,0	4:47,0	2:19,0	5:22,0
16	Ormö Rodriguez, Anna	43:36,0	8:28,0	11:03,0	13:24,0	18:10,0	24:56,0	27:25,0	39:09,0	41:16,0	42:22,0	43:36,0
	Madrid Malarruta		8:28,0	2:35,0	2:21,0	4:46,0	6:46,0	2:29,0	11:44,0	2:07,0	1:06,0	1:14,0
17	Ormö Rodriguez, Alexander	43:40,0	8:33,0	10:59,0	13:20,0	18:04,0	24:35,0	26:33,0	31:00,0	35:58,0	38:18,0	43:40,0
	Madrid Malarruta		8:33,0	2:26,0	2:21,0	4:44,0	6:31,0	1:58,0	4:27,0	4:58,0	2:20,0	5:22,0
18	Kindelan Del Campo, Chloe	46:42,0	8:02,0	16:07,0	17:46,0	20:51,0	27:52,0	35:08,0	41:22,0	44:32,0	46:03,0	46:42,0
	Madrid Malarruta		8:02,0	8:05,0	1:39,0	3:05,0	7:01,0	7:16,0	6:14,0	3:10,0	1:31,0	0:39,0
19	Enriquez Dguez, Paula	47:15,0	9:34,0	14:49,0	19:10,0	22:29,0	28:56,0	31:28,0	38:42,0	44:09,0	46:32,0	47:15,0
	Grupo Gredos de Grupo Gredos		9:34,0	5:15,0	4:21,0	3:19,0	6:27,0	2:32,0	7:14,0	5:27,0	2:23,0	0:43,0

6:13,0 26:54,0 28:02,0 38:41,0

\*37 \*67 \*68 \*100

40:13,0

\*100

40:20,0

\*100

Pos	Nombre	Tiempo															
<b>OPEN AMARILLO (27)</b>		<b>1,4 km 60 m</b>		<b>9 C</b>		<i>(cont.)</i>											
		1(38)	2(39)	3(40)	4(41)	5(32)	6(31)	7(66)	8(67)	9(100)	Meta						
20	Rodríguez Hernandez, Rosalia IND Individuals/No Club	49:13,0	6:16,0	8:38,0	9:42,0	11:26,0	14:17,0	15:57,0	32:16,0	45:03,0	48:25,0	49:13,0					
21	Abella Garcia, Daniel IND Individuals/No Club	51:18,0	7:00,0	13:23,0	17:11,0	24:39,0	32:37,0	35:59,0	42:10,0	48:06,0	51:02,0	51:18,0					
22	Turégano Vilches, Lope IND Individuals/No Club	55:50,0	10:30,0	13:52,0	18:51,0	25:38,0	32:30,0	37:26,0	46:34,0	52:52,0	55:23,0	55:50,0					
23	Alonso Santín, David CLUB RIOJANO DE CRON	55:54,0	10:23,0	13:20,0	16:00,0	20:00,0	27:29,0	32:09,0	44:33,0	51:38,0	55:02,0	55:54,0	55:12,0				
	Cabezas, Sara Madrid COLMENAR	ror en tarj.	10:50,0	21:16,0	27:24,0	32:29,0	41:45,0	48:27,0	-----	1:02:50,0	-----	1:15:39,0					
	Polo Bravo, Jorge IND Individuals/No Club	No sale	10:50,0	10:26,0	6:08,0	5:05,0	9:16,0	6:42,0		14:23,0		12:49,0					
	Recio Cunanan, David Madrid GOCAN	No sale															
	Polo Bravo, Diego IND Individuals/No Club	No sale															
<b>OPEN NARANJA (32)</b>		<b>2,5 km 165 m</b>		<b>14 C</b>													
		1(31)	2(38)	3(40)	4(44)	5(45)	6(41)	7(35)	8(58)	9(59)	10(60)	11(66)	12(67)	13(70)	14(100)	Meta	
1	Hernandez Herrera, Marcos Madrid ORIENTAGETAFE	40:29,0	2:08,0	2:51,0	5:41,0	8:27,0	10:06,0	11:29,0	17:46,0	24:27,0	24:56,0	28:06,0	36:58,0	38:25,0	39:34,0	40:18,0	40:29,0
2	Zorrilla Manzano, Luis Antonio Madrid Club O-Charlies	41:52,0	2:08,0	2:43,0	2:50,0	2:46,0	1:23,0	6:17,0	6:41,0	0:29,0	3:10,0	8:52,0	1:27,0	1:09,0	0:44,0	0:11,0	
3	Fernandez Martinez, Ana IND Individuals/No Club	49:10,0	2:49,0	4:08,0	6:36,0	10:19,0	12:23,0	14:37,0	18:05,0	26:03,0	26:26,0	29:09,0	45:18,0	46:27,0	48:21,0	48:56,0	49:10,0
4	Liñán Jiménez, Mª Angeles Madrid Yelmo-O	50:26,0	2:49,0	1:19,0	2:28,0	3:43,0	2:04,0	2:14,0	3:28,0	7:58,0	0:23,0	2:43,0	16:09,0	1:09,0	1:54,0	0:35,0	0:14,0
5	Plana, Daniel Madrid IBERIA	57:40,0	4:01,0	5:28,0	7:56,0	11:59,0	14:07,0	16:12,0	23:24,0	31:02,0	31:42,0	35:05,0	50:24,0	52:33,0	56:24,0	57:28,0	57:40,0
5	RABADÁN PROSMITI, HÉCTOR IND Individuals/No Club	57:40,0	4:02,0	5:28,0	7:56,0	12:02,0	14:07,0	16:13,0	23:45,0	31:14,0	31:43,0	35:36,0	50:24,0	52:20,0	56:21,0	57:27,0	57:40,0
7	Plana, Jose Maria Madrid IBERIA	58:36,0	4:02,0	1:26,0	2:28,0	4:06,0	2:05,0	2:06,0	7:32,0	7:29,0	0:29,0	3:53,0	14:48,0	1:56,0	4:01,0	1:06,0	0:13,0
8	López Ordóñez, Elena IND Individuals/No Club	59:17,0	4:12,0	5:41,0	8:09,0	12:21,0	14:32,0	17:00,0	23:34,0	31:07,0	32:06,0	36:12,0	50:53,0	52:49,0	56:36,0	58:09,0	58:36,0
9	HAMRATSEY, VOLODYMYR Madrid COLMENAR	59:37,0	2:40,0	1:56,0	3:28,0	7:09,0	3:13,0	2:19,0	4:13,0	8:33,0	0:31,0	2:16,0	18:48,0	1:44,0	1:32,0	0:41,0	0:14,0
			3:28,0	4:43,0	7:50,0	12:16,0	15:55,0	17:55,0	22:36,0	32:23,0	35:20,0	37:43,0	51:08,0	54:03,0	57:55,0	58:52,0	59:37,0
			17:23,0														
10	GONZÁLEZ GONZÁLEZ, ÁLVARO Madrid COLMENAR	1:03:08,0	3:30,0	4:43,0	7:59,0	13:20,0	16:15,0	17:26,0	19:44,0	27:20,0	28:06,0	42:24,0	59:12,0	1:00:43,0	1:02:12,0	1:02:48,0	1:03:08,0
11	Velasco Villacañas, Jose Alberto Madrid Club O-Charlies	1:06:12,0	3:30,0	1:13,0	3:16,0	5:21,0	2:55,0	1:11,0	2:18,0	7:36,0	0:46,0	14:18,0	16:48,0	1:31,0	1:29,0	0:36,0	0:20,0
12	Hernandez, Pablo Madrid ORIENTAGETAFE	1:09:08,0	2:42,0	3:46,0	6:26,0	15:29,0	19:16,0	21:47,0	25:38,0	34:38,0	35:08,0	43:04,0	1:02:32,0	1:03:53,0	1:05:18,0	1:06:01,0	1:06:12,0
13	Valcarcel De Miguel, Clara Madrid COLMENAR	1:11:19,0	2:42,0	1:04,0	2:40,0	9:03,0	3:47,0	2:31,0	3:51,0	9:00,0	0:30,0	7:56,0	19:28,0	1:21,0	1:25,0	0:43,0	0:11,0
14	Pérez Rubio, Daniel Madrid Malarruta	1:12:13,0	2:33,0	3:37,0	6:38,0	9:32,0	11:14,0	12:28,0	24:07,0	28:27,0	29:03,0	39:48,0	1:03:59,0	1:06:04,0	1:07:48,0	1:08:51,0	1:09:08,0
15	Ochoa Plaza, Javier IND Individuals/No Club	1:17:18,0	6:01,0	1:04,0	3:01,0	2:54,0	1:42,0	1:14,0	11:39,0	4:20,0	0:36,0	10:45,0	24:11,0	2:05,0	1:44,0	1:03,0	0:17,0
			6:01,0	8:01,0	10:12,0	13:36,0	16:02,0	18:18,0	33:17,0	41:25,0	42:36,0	46:14,0	1:06:07,0	1:07:46,0	1:09:58,0	1:10:54,0	1:11:19,0
			6:01,0	2:00,0	2:11,0	3:24,0	2:26,0	2:16,0	14:59,0	8:08,0	1:11,0	3:38,0	19:53,0	1:39,0	2:12,0	0:56,0	0:25,0
			3:16,0	4:32,0	10:36,0	25:06,0	25:51,0	26:51,0	36:25,0	42:44,0	43:09,0	56:07,0	1:05:57,0	1:08:07,0	1:09:05,0	1:11:53,0	1:12:13,0
			3:16,0	1:16,0	6:04,0	14:30,0	0:45,0	1:00,0	9:34,0	6:19,0	0:25,0	12:58,0	9:50,0	2:10,0	0:58,0	2:48,0	0:20,0
			5:42,0	7:25,0	13:04,0	16:53,0	18:58,0	21:59,0	30:22,0	37:21,0	37:59,0	41:36,0	1:11:30,0	1:13:47,0	1:16:12,0	1:17:08,0	1:17:18,0
			5:42,0	1:43,0	5:39,0	3:49,0	2:05,0	3:01,0	8:23,0	6:59,0	0:38,0	3:37,0	29:54,0	2:17,0	2:25,0	0:56,0	0:10,0

Pos	Nombre	Tiempo	2,5 km 165 m 14 C (cont.)														
			1(31)	2(38)	3(40)	4(44)	5(45)	6(41)	7(35)	8(58)	9(59)	10(60)	11(66)	12(67)	13(70)	14(100)	Meta
<b>OPEN NARANJA (32)</b>																	
16	Ochoa Plaza, Iván IND Individuals/No Club	1:17:21,0	5:48,0	7:25,0	13:16,0	17:02,0	19:55,0	22:13,0	30:22,0	37:23,0	38:05,0	41:44,0	1:11:27,0	1:14:01,0	1:16:20,0	1:17:10,0	1:17:21,0
17	Álvarez Herrera, Beatriz IND Individuals/No Club	1:19:54,0	3:25,0	5:35,0	8:51,0	14:49,0	17:02,0	19:51,0	39:52,0	48:59,0	49:56,0	55:17,0	1:13:54,0	1:17:19,0	1:19:01,0	1:19:40,0	1:19:54,0
18	Mahou Miguel, Daniel Madrid COTA	1:23:21,0	3:50,0	6:19,0	10:17,0	19:46,0	21:46,0	24:48,0	28:21,0	34:29,0	35:46,0	57:02,0	1:16:39,0	1:19:37,0	1:21:22,0	1:23:04,0	1:23:21,0
19	García Losa, Ignacio Madrid COLMENAR	1:26:12,0	2:47,0	4:10,0	6:31,0	12:18,0	14:15,0	15:47,0	19:04,0	42:57,0	43:27,0	59:39,0	1:21:45,0	1:23:10,0	1:24:46,0	1:25:59,0	1:26:12,0
20	Bravo Matías, Ana Isabel IND Individuals/No Club	1:27:19,0	4:42,0	6:10,0	9:29,0	16:59,0	20:27,0	23:21,0	28:26,0	37:20,0	40:27,0	47:37,0	1:19:15,0	1:22:56,0	1:25:47,0	1:27:01,0	1:27:19,0
21	Polo Sanchez, Miguel Angel IND Individuals/No Club	1:27:42,0	4:40,0	5:51,0	9:36,0	17:02,0	20:31,0	23:15,0	28:27,0	39:35,0	42:03,0	47:53,0	1:21:19,0	1:23:15,0	1:26:14,0	1:27:18,0	1:27:42,0
22	Aguilar Maksimovic, Martin IND Individuals/No Club	1:43:26,0	7:23,0	8:57,0	14:04,0	24:16,0	28:40,0	32:31,0	51:16,0	1:01:19,0	1:02:22,0	1:11:47,0	1:35:58,0	1:38:40,0	1:41:04,0	1:43:03,0	1:43:26,0
			1:43:07,0 *100														
23	Pérez Álvarez, Manuel Antonio Madrid C.D.C.E.B.E.	1:49:34,0	8:25,0	10:34,0	12:56,0	19:25,0	22:09,0	28:55,0	33:41,0	1:09:44,0	1:10:39,0	1:17:24,0	1:41:41,0	1:44:56,0	1:48:12,0	1:49:10,0	1:49:34,0
24	Sánchez Duran, Pablo Madrid Alabarda-O	2:11:21,0	14:36,0	17:16,0	27:05,0	44:12,0	50:32,0	53:28,0	1:02:28,0	1:19:12,0	1:20:41,0	1:29:24,0	2:04:07,0	2:06:54,0	2:09:41,0	2:11:00,0	2:11:21,0
	Aguilar Maksimovic, Adriana IND Individuals/No Club	ror en tarj.	20:51,0	-----	-----	-----	-----	-----	-----	-----	-----	-----	34:18,0	38:27,0	-----	40:47,0	41:07,0
			20:51,0										13:27,0	4:09,0		2:20,0	0:20,0
				6:05,0 *38	9:59,0 *39	13:03,0 *40	13:14,0 *40	15:03,0 *41	18:39,0 *32	26:37,0 *67	27:54,0 *68						
	Contreras Garcia, Laura Madrid Alabarda-O	ror en tarj.	3:16,0	4:46,0	6:49,0	12:37,0	-----	15:51,0	19:33,0	27:16,0	27:58,0	31:01,0	49:14,0	50:45,0	52:39,0	53:22,0	53:45,0
			3:16,0	1:30,0	2:03,0	5:48,0		3:14,0	3:42,0	7:43,0	0:42,0	3:03,0	18:13,0	1:31,0	1:54,0	0:43,0	0:23,0
				10:49,0 *45													
	Rapallo Quesada, Jose Ramon Madrid COLMENAR	ror en tarj.	3:28,0	4:41,0	7:59,0	14:17,0	16:10,0	17:25,0	19:40,0	27:27,0	-----	41:43,0	51:08,0	52:09,0	53:07,0	53:41,0	53:55,0
			3:28,0	1:13,0	3:18,0	6:18,0	1:53,0	1:15,0	2:15,0	7:47,0		14:16,0	9:25,0	1:01,0	0:58,0	0:34,0	0:14,0
	PLANA, JAVIER IND Individuals/No Club	ror en tarj.	4:07,0	5:36,0	8:07,0	12:18,0	14:41,0	17:19,0	24:01,0	31:16,0	31:58,0	36:08,0	50:50,0	52:53,0	56:38,0	-----	57:47,0
			4:07,0	1:29,0	2:31,0	4:11,0	2:23,0	2:38,0	6:42,0	7:15,0	0:42,0	4:10,0	14:42,0	2:03,0	3:45,0		1:09,0
	COLLADO ÁLVAREZ, VLADIMIR GUILLER Madrid COLMENAR	ror en tarj.	3:24,0	4:38,0	8:06,0	13:23,0	15:58,0	17:27,0	-----	32:16,0	35:56,0	38:56,0	54:49,0	59:31,0	1:03:24,0	-----	1:10:00,0
			3:24,0	1:14,0	3:28,0	5:17,0	2:35,0	1:29,0		14:49,0	3:40,0	3:00,0	15:53,0	4:42,0	3:53,0		6:36,0
				1:00:37,0 *68													
	Torres Navacerrada, Ángel Luis Madrid C.D.C.E.B.E.	ror en tarj.	6:14,0	8:54,0	14:32,0	26:57,0	28:46,0	32:29,0	38:00,0	1:13:45,0	1:14:54,0	1:50:57,0	2:14:42,0	2:17:43,0	2:20:34,0	-----	2:22:31,0
			6:14,0	2:40,0	5:38,0	12:25,0	1:49,0	3:43,0	5:31,0	35:45,0	1:09,0	36:03,0	23:45,0	3:01,0	2:51,0		1:57,0
	Prado Da Cruz, Elena Madrid GOCAN	ror en tarj.	18:30,0	19:53,0	29:29,0	42:06,0	48:29,0	51:31,0	1:59:10,0	2:08:18,0	2:09:08,0	2:13:37,0	-----	-----	-----	2:33:47,0	2:34:09,0
			18:30,0	1:23,0	9:36,0	12:37,0	6:23,0	3:02,0	1:07:39,0	9:08,0	0:50,0	4:29,0				20:10,0	0:22,0
	López García, Antonio IND Individuals/No Club	No sale															
<b>OPEN ROJO (24)</b>																	
			3,4 km 200 m 15 C														
			1(37)	2(40)	3(44)	4(45)	5(48)	6(50)	7(53)	8(58)	9(35)	10(32)	11(68)	12(70)	13(72)	14(73)	15(100)
			Meta														
1	Cea Soriano, Angel Madrid COLMENAR	36:16,0	2:05,0	3:36,0	5:51,0	7:04,0	13:28,0	15:52,0	18:39,0	20:59,0	24:53,0	27:21,0	31:54,0	33:01,0	35:02,0	35:18,0	36:08,0
			2:05,0	1:31,0	2:15,0	1:13,0	6:24,0	2:24,0	2:47,0	2:20,0	3:54,0	2:28,0	4:33,0	1:07,0	2:01,0	0:16,0	0:50,0
			36:16,0														
			0:08,0														

Pos	Nombre	Tiempo															
<b>OPEN ROJO (24)</b>		<b>3,4 km 200 m</b>		<b>15 C</b>			<i>(cont.)</i>										
		1(37) Meta	2(40)	3(44)	4(45)	5(48)	6(50)	7(53)	8(58)	9(35)	10(32)	11(68)	12(70)	13(72)	14(73)	15(100)	
<b>2</b>	<b>Gomez De Las Heras Carbo, Enrique</b> IND Individuals/No Club	<b>39:57,0</b>	2:38,0 2:38,0 39:57,0 0:11,0	4:54,0 2:16,0	7:46,0 2:52,0	9:07,0 1:21,0	15:37,0 6:30,0	18:20,0 2:43,0	21:05,0 <b>2:45,0</b>	23:28,0 2:23,0	31:25,0 7:57,0	32:51,0 <b>1:26,0</b>	35:51,0 <b>3:00,0</b>	36:45,0 <b>0:54,0</b>	38:17,0 <b>1:32,0</b>	38:44,0 0:27,0	39:46,0 1:02,0
<b>3</b>	<b>Rosa Rosa, Abel</b> Madrid CLUB NAVALCARNERO ORIENTACI	<b>41:58,0</b>	2:23,0 2:23,0 41:58,0 0:18,0	4:04,0 1:41,0	6:37,0 2:33,0	7:51,0 1:14,0	15:38,0 7:47,0	19:31,0 3:53,0	22:52,0 3:21,0	26:18,0 3:26,0	30:41,0 4:23,0	33:00,0 2:19,0	36:09,0 3:09,0	37:38,0 1:29,0	39:29,0 1:51,0	40:05,0 0:36,0	41:40,0 1:35,0
<b>4</b>	<b>Rene Blaie, Jean</b> Madrid Yelmo-O	<b>45:51,0</b>	2:24,0 2:24,0 45:51,0 0:10,0	4:56,0 2:32,0	8:07,0 3:11,0	10:05,0 1:58,0	18:05,0 8:00,0	22:00,0 3:55,0	25:13,0 3:13,0	28:37,0 3:24,0	33:25,0 4:48,0	35:57,0 2:32,0	40:51,0 4:54,0	42:09,0 1:18,0	44:01,0 1:52,0	44:28,0 0:27,0	45:41,0 1:13,0
<b>5</b>	<b>Sepulveda Torresano, Antonio</b> IND Individuals/No Club	<b>46:43,0</b>	2:19,0 2:19,0 46:43,0 0:10,0	4:36,0 2:17,0	7:19,0 2:43,0	8:51,0 1:32,0	16:11,0 7:20,0	19:32,0 3:21,0	23:19,0 3:47,0	26:33,0 3:14,0	31:43,0 5:10,0	33:47,0 2:04,0	42:00,0 8:13,0	43:13,0 1:13,0	44:57,0 1:44,0	45:21,0 0:24,0	46:33,0 1:12,0
<b>6</b>	<b>Núñez Alarcón, Pablo</b> IND Individuals/No Club	<b>48:55,0</b>	2:29,0 2:29,0 48:55,0 0:11,0	4:44,0 2:15,0	6:52,0 <b>2:08,0</b>	8:17,0 1:25,0	18:16,0 9:59,0	22:16,0 4:00,0	25:27,0 3:11,0	30:51,0 5:24,0	35:57,0 5:06,0	38:36,0 2:39,0	43:57,0 5:21,0	45:29,0 1:32,0	47:17,0 1:48,0	47:44,0 0:27,0	48:44,0 1:00,0
<b>7</b>	<b>Molera, Borja</b> IND Individuals/No Club	<b>52:04,0</b>	3:21,0 3:21,0 52:04,0 0:16,0	5:03,0 1:42,0	7:44,0 2:41,0	9:19,0 1:35,0	15:36,0 <b>6:17,0</b>	21:15,0 5:39,0	26:34,0 5:19,0	28:40,0 <b>2:06,0</b>	38:18,0 9:38,0	40:58,0 2:40,0	45:10,0 4:12,0	47:20,0 2:10,0	49:54,0 2:34,0	50:42,0 0:48,0	51:48,0 1:06,0
<b>8</b>	<b>Vaquero Rodríguez, Óscar</b> Madrid COLMENAR	<b>54:45,0</b>	3:15,0 3:15,0 54:45,0 0:16,0	5:09,0 1:54,0	7:40,0 2:31,0	9:30,0 1:50,0	19:44,0 10:14,0	23:16,0 3:32,0	27:46,0 4:30,0	34:01,0 6:15,0	40:41,0 6:40,0	43:00,0 2:19,0	49:40,0 6:40,0	50:50,0 1:10,0	52:59,0 2:09,0	53:19,0 0:20,0	54:29,0 1:10,0
<b>9</b>	<b>Brunete Moya, Sara-yvonne</b> IND Individuals/No Club	<b>58:14,0</b>	2:32,0 2:32,0 58:14,0 0:11,0	4:15,0 1:43,0	6:56,0 2:41,0	8:33,0 1:37,0	24:58,0 16:25,0	27:47,0 2:49,0	32:30,0 4:43,0	40:29,0 7:59,0	46:49,0 6:20,0	48:28,0 1:39,0	52:28,0 4:00,0	53:47,0 1:19,0	56:04,0 2:17,0	56:35,0 0:31,0	58:03,0 1:28,0
<b>10</b>	<b>Peces Sanchez, Abraham</b> IND Individuals/No Club	<b>1:03:34,0</b>	3:38,0 3:38,0 :03:34,0 0:09,0	6:27,0 2:49,0	9:52,0 3:25,0	11:51,0 1:59,0	24:21,0 12:30,0	33:15,0 8:54,0	37:03,0 3:48,0	42:44,0 5:41,0	47:57,0 5:13,0	51:23,0 3:26,0	57:06,0 5:43,0	58:22,0 1:16,0	1:01:47,0 3:25,0	1:02:07,0 0:20,0	1:03:25,0 1:18,0
<b>11</b>	<b>Vilches Mora, Rocio</b> IND Individuals/No Club	<b>1:10:44,0</b>	3:05,0 3:05,0 :10:44,0 0:16,0	5:33,0 2:28,0	11:06,0 5:33,0	14:12,0 3:06,0	26:32,0 12:20,0	31:11,0 4:39,0	36:46,0 5:35,0	40:14,0 3:28,0	52:26,0 12:12,0	55:13,0 2:47,0	1:04:38,0 9:25,0	1:05:42,0 1:04,0	1:08:14,0 2:32,0	1:08:51,0 0:37,0	1:10:28,0 1:37,0
<b>12</b>	<b>Pérez González, Félix</b> Madrid COLMENAR	<b>1:11:35,0</b>	3:17,0 3:17,0 :11:35,0 0:19,0	5:34,0 2:17,0	9:52,0 4:18,0	11:56,0 2:04,0	24:32,0 12:36,0	28:46,0 4:14,0	34:03,0 5:17,0	39:02,0 4:59,0	50:41,0 11:39,0	56:38,0 5:57,0	1:02:45,0 6:07,0	1:04:48,0 2:03,0	1:08:50,0 4:02,0	1:09:21,0 0:31,0	1:11:16,0 1:55,0
<b>13</b>	<b>Pérez García, Itziar</b> Madrid COLMENAR	<b>1:11:39,0</b>	3:18,0 3:18,0 :11:39,0 0:22,0	5:39,0 2:21,0	9:58,0 4:19,0	11:55,0 1:57,0	24:46,0 12:51,0	28:54,0 4:08,0	34:11,0 5:17,0	38:58,0 4:47,0	50:36,0 11:38,0	56:37,0 6:01,0	1:02:44,0 6:07,0	1:04:49,0 2:05,0	1:08:51,0 4:02,0	1:09:23,0 0:32,0	1:11:17,0 1:54,0

